

## Launch Checklist: First-Year Career Milestones

Set up your account and complete your profile on Handshake. <b>Resource</b> : We will do this together during the <u>Orientation Week Launch Cohort meetings</u> .
Transition your resume from high school to college.  Resource: Attend a Resume & Cover Letter Career Lab (see schedule in your folder).
Pick a few Career Center events to attend. Examples include the Career Fair, alumni panels, and employer visits.  Resource: Read the "upcoming events" section of the monthly Launch program e-newsletter, or search through the "Events" section of Handshake.
Identify student organization(s) that align with your interests.  Resource: Discover student organizations at the Student Involvement Fair on Fri, Sept. 7. A second fair happens at the beginning of Spring semester.
Begin to identify and test-drive your career options.  Resource: Participate in an October Launch cohort meeting.
Plan your first college summer. Should you work? Intern? Do research? Volunteer? <b>Resource</b> : Participate in a November Launch cohort meeting.
Identify majors, minors, and courses that support your career goals.  Resource: Participate in a February Launch cohort meeting.
Challenge yourself to connect with one faculty member outside of the classroom. <b>Resource</b> : Ask your Launch Coach or Academic Advisor for tips!
Join one or more Career Academies that align with your career interests.  Resource: Participate in the March Launch session.

Have questions about any of these items? Visit your Launch Coach's drop-in "Career Coaches on Campus" hours (see studentaffairs.jhu.edu/Launch for times and locations).