

Counseling Center Information



Call the Counseling Center at 410-516-8278 and press "2" to schedule a same-day Initial Consultation (IC) appointment.

After you complete some paperwork online, you will meet remotely (through Zoom) with a counselor for the Initial Consultation (IC) appointment.



ICs are remote and brief. During the IC, you can receive support, discuss concerns with the counselor, and develop a plan to reach your goals.

Plans can include services provided by the Counseling Center, referrals to other services at the University, or referral coordination to community services.



Please call us at (410-516-8278) or visit our website (www.jhu.edu/counselingcenter) to learn more!