



# THE BUN SHOP

AT THE SNF AGORA INSTITUTE



# BUNS

TBS has an expansive collection of vegetarian, vegan, and meat buns. This repertoire also includes sweets. There are a variety of outer shells encasing the buns that range from puff pastry to yeast based dough, from rice to short crust dough. Some options are also gluten free.

Each day, TBS offers 3 to 4 meat based buns 3 to 4 vegetarian/vegan buns, & 3 to 4 sweet buns. Prices range from 4.10 to 5.65 for the buns.

## VEGETARIAN

### Mushroom Feta

*Crimini, button, & portabello mushrooms, onions, feta*

### Red Pepper Walnut Rosette

*Roasted red peppers, walnuts, lemon, oregano, toasted sesame seeds*

### Spinach & Feta

*Spinach, feta, onions, garlic, dill*

### Bombay roll

*Cilantro & mint chutney, red onions, cumin seeds, cheddar*

### Veggie Pillow

*Creamy mix of artichoke hearts, roasted red peppers, green onions*

### Veg Char Siu Bao

*Roasted tofu with a Chinese barbecue sauce*

### Red bean bun

*Japanese style adzuki bean paste, honey, sesame seeds*

### Apple & Gruyere

*Granny Smith Apple, gruyere, cheddar, herbs de provence*

### Fried Mac & Cheese

*Elbow pasta with spiced cheddar & gruyere, breaded*

### Broccoli & Sundried Tomato

*Broccoli, red bell peppers, onions, sundried tomatoes, arugula, roasted cashews, in a lemon basil orzo pasta*

## VEGAN

### Chickpea Curry Puff

*Chickpeas, sweet potatoes, red onions, shallots, sweetened thai curry paste*

### Karepan

*Eggplant, potato, cauliflower, green bell pepper, carrots in a Japanese style brown gravy*

### Mushroom Malai

*Mushroom medley, cauliflower, spiced cashew & coconut based malai sauce*

### Chole Masala

*Chickpea, tomato puree, onion, cloves, cardamom, and mixed spices*

### Rajma Curry

*Red kidney beans, onions, potatoes, fenugreek, turmeric, hing and a spiced cashew cream sauce*

### Korma Roll

*Cauliflower, potatoes, paneer in a coconut base cream sauce*

### Mushroom Ragu

*Mushrooms, celery, onion, walnuts, roasted red pepper, in garlic and herb based tomato sauce*

### Kimchi Xoi Chien

*Kimchi, onions, bean sprouts, honey encased in sweet rice and fried*

### Black bean Xoi Chien

*Potatoes, green beans, onions, fermented black beans, garlic encased in sweet rice and fried*



### Beef Pasty

*Beef, carrots, peas, and onions in a brown rosemary based gravy*

### Chicken Pasty

*Chicken, carrots, peas, celery, potato in a white celery seed gravy*

### Fasanjon

*Persian style chicken thighs with onions stewed in a pomegranate molasses and walnut sauce*

### Kadhi Pasty

*Indian Homestyle chicken with onions, potatoes, & peas in a buttermilk based sauce with fenugreek, turmeric, ginger & mustard seeds*

### Sausage roll

*English style pork sausage roll*

### Tsukune Roll

*Japanese style chicken sausage with shiitake mushrooms, green onion, ginger & garlic paste, and red misopaste, sesame seed, and a citrus ponzu sauce*

### Kofta Roll

*Ground beef with mint, parsley, garlic, & a blend of middle eastern spices*

### Ham & Gruyere

*Ham, gruyere, cheddar, herbs de provence*

### Breakfast bake

*Breakfast sausage, bacon, eggs, cheddar onions, & green onions in a white sausage gravy*

### Beef Bourguignon

*Beef with carrots, onions, garlic, thyme & mushrooms in a tomato based red wine sauce*

### Pizza Boy

*Peperoni, mozzarella, basil, & house made tomato sauce*

### Tikka Roll

*Indian spiced chicken in a creamy tikka spiced sauce of of garlic and ginger topped with cheese*

### Beef & Basil

*Thai style sweetened ground beef with basil, red bell pepper and a coconut lemon grass rice*

### Char Siu Bao

*Chinese style roasted barbecue pork with onions, shallots, and a char siu sauce*

### Lomo Saltado

*Peruvian style beef with tomatoes, red onion, potatoes garlic and a cumin based red wine vinegar*

### Runza

*Midwestern beef with sauerkraut, onions, black pepper, garlic and Dijon mustard*

### Viet Ca Ri

*Vietnamese style coconut milk based curry with chicken, sweet potatoes, taro, lemongrass, & kale*

### Karepan

*Seasoned beef with potatoes, green peppers, onions, & carrots in a Japanese style brown gravy*

### Beef Bolognese

*Beef, celery, carrots, onions, white wine. Tomatoes, milk*

### Chicken Satay

*Malaysian spiced chicken, broccoli, peanuts, in a sweetened spiced vinegar peanut sauce*

### Chicken Patiala

*Punjabi style spiced chicken, cumin seeds, onion, tomato, green pepper in a cashew sauce*

# BUNS

### Paraguayan Empanada

*Beef, onions, green peppers, & boiled eggs, with a cumin & garlic base*

### Chicken Chorizo Empanada

*Chicken, chorizo, onions, cumin seeds, & cheddar cooked in white wine*

### Birria Empanada

*Stewed beef with a mix of mild chili peppers, onion, and cheese*

### Chicken Curry Puff

*Chicken, sweet potatoes, shallots, red onions with a sweetened thai style curry paste*

### Philly Roll

*Beef, green peppers, onions, mushrooms, swiss cheese*

### Xoi Chien

*Vietnamese style ground pork, carrots, onions, & daikon encased in fried sweet rice*

### Pho Bun

*Vietnamese styled Spiced Beef, thai basil, onions cilantro,*

### Beef Xoi Chien

*Homestyle sweetened Korean ground beef with onions & nappa cabbage encased in fried sweet rice*

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In addition to the buns listed below, there are a rotating selection of cookies such as hot cinnamon snickerdoodle, chocolate chip Nutella, and Earl Grey lemon (\$2.25), and other sweets that may come in and out of rotation

# SWEET BUNS

## Rotiboy

*Soft Malaysian sweet bread with baked with a flavored outer shell. Flavors include but not limited to:*

- *Classic*
- *Strawberry*
- *Coconut*
- *Chocolate*
- *Matcha*
- *Butterscotch*

## Berry Pocket

*Mixed berry compote, cream cheese*

## Apple Turnover

*Tart granny smith apples, cinnamon, lemon, caramel*

## Cinnamon Bun

## Chai guy

*Variation of a cinnamon bun filled with sweetened spiced chai butter*

## Peach tart

*Peaches, lemon, honey, thyme flaked sea salt*

## Almond merengue tart

*Whipped almond merengue with semi-sweet chocolate chips and powdered sugar*

## Apple walnut empanada

*Apples, walnuts, dulce de leche, cinnamon, sugar*



Available throughout the day, TBS will offer a breakfast selection of overnight oats with rotating options ranging from various fruit to chocolate and strawberry shortcake. Additionally, all of our buns will be served throughout the day

# FOOD

## .. BREAKFAST ..

### Cinnamon Apple Overnight Oats 6.50

Diced apple, cinnamon, apple pie spices, steel cut oats, Greek yogurt.

### Breakfast Sandwich 6.75

Bacon, egg, cheese

### Rotiboy 4.25

Malaysian Sweet Bun with a salted vanilla center, and sweet shell with a hint of espresso.

### Fried rice 8.25

Bacon, egg, & cilantro or green onion  
or  
Red bell pepper, egg, ginger, garlic, onion



.. MADE TO ORDER ..

The Made to order menu will comprise of fried rice, a small selection of salads (we will still have grab-and-go salad options), and weekly specials.

# FOOD:



# FOOD

## .. SANDWICHES ..

BACON EGG AND CHEESE 6.75

*Bacon (or ham) egg and cheese sandwich on white bread*

BBQ BACON BURGER 10.00

*Hamburger topped with bacon, caramelized onions, bbq and cheese*

BLUEBERRY, GOAT CHEESE, & THYME GRILLED CHEESE 9.75

*blueberries, goat cheese, and thyme grilled cheese on sourdough encrusted with white cheddar*

VIETNAMESE BANH MI 12.25

*char siu pork, liver pate, cilantro, cucumbers, and a slaw of pickled carrots & diakon in a vietnamese baguette*

CHICKPEA SANDWICH 9.75

*smashed chickpea salad with tumeric, pickles, red onions, mustard, dill, applie cider vinegar &vegan mayo topped w/kale, carrots & sprouts*

TANDORI FRIED CHICKEN SANDI WCH 10.25

*chicken thigh marinated with a two-step tandoori process, consisting of a lemon, goriander, cayenne, tumeric, & yogurt marinade & a chickpea flour crust on potato bread*

PORC BOKIT 11.75

*guadaloupean slow cooked pork simmered in a broth of soysauce, mustard, and lime juice toppeda slaw of carrots, winter cabbage, and zucchini in a traditional fried bread*

CROQUE-MONSIUER 10.25

*baked french ham & gruyere pressed between bread with a bechamel sauce and topped with emmental cheese.*

CUBAN SANDWICH 12.50

*cuban roasted pork, black forest ham, dijon mustard, & pickles pressed in a cuban roll*

PROCHETTA 12.25

*herbed pork belly with rosemary, sage, thyme, and garlic on a ciabatta roll with a garlic aioli and fresh gremolata*





# DRINK

.. TEA .. TEA LATTE ..  
3.50 4.75

.. ICED OR HOT ..

Supplied by the tea house Harney & Sons, we offer a wide range of Black, Green, and Herbal Loose Leaf Teas

## -- Black --

Indian Chai Spice  
Paris  
Eight at The Fort  
Earl Grey Supreme

## -- Green --

White Peach  
Moroccan Mint  
Genmaicha  
Matcha  
Formosa Oolong  
Chinese Flower  
Pomegranate Oolong  
Jasmine

## -- Herbal --

French Blue Lavender  
Ginger Liquorice  
Yerba Mate  
Herbal Hot Cinnamon  
Organic Peppermint  
Chamomile  
Blood Orange & Hibiscus

\* Full tea menu shown in Appendix





# DRINK

.. COFFEE · ESPRESSO ..

.. ICED OR HOT ..

Sourced from Dear Globe coffee, a local roaster in Baltimore, MD

**Vietnamese** 4.85  
Espresso, Coffee, Condensed Milk

**Hong Kong** 4.85  
Espresso, Coffee, Condensed Milk

**Thai Tea** 4.75  
Loose leaf black tea, sweetener, milk

**Dos Leches Latte** 5.00  
Espresso, milk, condensed milk

**Honey Macchiato** 3.75  
Espresso, steamed milk, honey

**Mocha** 5.25  
Espresso, chocolate, vanilla, milk

**Drip Coffee** 2.80  
Daily Blend

**Cold Brew** 3.75  
12- Hour, Cold Water Steeped

**Latte** 4.5  
Espresso, milk

\* Full coffee menu shown in Appendix





# ☐ COFFEE ☐ ESPRESSO ☐

Sourced from Dear Globe coffee, a  
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# DRINK



## Coffee

VIETNAMESE 4.95 ESPRESSO, COFFEE, CONDENSED MILK	CHOCOLATE VIET 5.00 CHOCOLATE, ESPRESSO, COFFEE, CONDENSED MILK	DOS Equis LATTE 5.00 ESPRESSO, MILK, CONDENSED MILK
DRIP Coffee 3.80 DAILY BLEND	HONG KONG HOT 4.95 ICED 5.10 COFFEE, OOLONG TEA, CONDENSED MILK	AMERICANO 5.25 ESPRESSO, HOT WATER
COLD BREW 3.75 12-HOUR, COLD WATER STEEPED	Money MACCHIATO HOT 4.75 ICED 5.75 (4oz) 3.45 ESPRESSO, STEAMED MILK, HONEY	MOCHA 5.25 CHOCOLATE, VANILLA, ESPRESSO, MILK
Double ESPRESSO 5.80 + SHOT OF ESPRESSO 1.00	LATTE 4.50 ESPRESSO, MILK, 12oz or 14oz + FLAVOR SYRUP 0.40	Spicy MOCHA 5.25 MOCHA WITH CINNAMON & CHEESE

## Tea

## Other

LOOSE LEAF HOT 3.75 ICED 3.95 BLACK, GREEN, HERBAL	Money MATCHA LATTE 5.00 HONEY, JAPANESE GREEN TEA, MILK	ALOE Lemonade 4.85 ALOE PULP, LEMON
CHAI LATTE HOT 4.80 ICED 4.95 CHAI TEA, CHAI SYRUP, MILK	Money JASMINE LATTE HOT 4.80 ICED 4.95 HONEY, JASMINE TEA, MILK	HOT Cocoa 4.30 CHOCOLATE, VANILLA, MILK
PARIS TEA LATTE HOT 4.80 ICED 4.95 VANILLA, PARIS BLACK TEA, MILK	TEA LATTE HOT 4.80 ICED 4.95 LOOSE LEAF TEA, VANILLA, MILK	Spicy HOT COCOA 4.75 CHOCOLATE, VANILLA, MILK
	THAI TEA 4.50 LEMONGRASS & PANDAN BLACK TEA, CREAM, SWEETENED	