



# Halal Dining

A GUIDE TO EATING  
**HALAL**  
AS A BLUE JAY

HOPKINS **DINING**  
Good Food. Great Community.





## *Following a Halal Diet*

**The religion of Islam defines certain foods as “Halal” (lawful or permitted) and other foods as “Haram” (not permitted). This guide will help you understand our online menus and digital signage so you know which foods are safe to consume.**

# WHERE TO FIND HALAL FOOD

## ON CAMPUS

Hopkins Dining strives to offer well-balanced meals that meet the needs of students following a Halal diet. You can find Halal dining options at all locations on campus.



### HALAL CERTIFIED MEATS

In all of our locations, we offer Halal certified fresh poultry products and deli turkey. A designated slicer for Halal-certified meats is used at Hopkins Café. All other locations sanitize the slicer before slicing halal-certified meats. All pizzas use Halal-certified proteins and do not contain any haram ingredients.



### RAMADAN

In addition to the year-round offerings, Hopkins Dining provides additional support during Ramadan. Suhoor bags are available to students and dining halls remain open after sunset so students may break their fast. Students may also participate in Iftars hosted in partnership with the Muslim Student Association and 1876 Distinction Catering.



# ICONS TO LOOK FOR

## ON A HALAL DIET



### HALAL-FRIENDLY

Food items with this tag contain certified animal proteins and do not contain alcohol, pork, or non-certified animal proteins often found in gelatin, stocks, or dairy.



### ALCOHOL

Food items with this tag contain alcohols, including cooking alcohols such as red, white or rice wine vinegars.



### PORK

Food items with this tag contain pork and pork by-products.



### VEGETARIAN

Vegetarian-friendly items may contain dairy and egg products but do not contain any animal flesh, including poultry, meat, and fish/shellfish.



### VEGAN

Items with this tag are made without the following ingredients: dairy, egg, fish/shellfish, honey, meat, poultry or any animal proteins.

# HOPKINS **DINING**

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