Dear Homewood Grads,

As April rolls in, the GRO is offering even more opportunities for graduate students to socialize, engage with the graduate student community, and improve overall wellness. This includes free coffee, funding for student group events, and more! We invite you all to attend these events and to take advantage of these resources.

#### **GRO SOCIAL & WELLNESS EVENTS**

### Health and Wellness Seminar- April 29th, Thursday at 3 pm (EST)

"Mythbusters: Breaking down the health myths" by Dr. David Mellinger, Staff Physician at Student Health and Wellness Center at JHU Homewood.

Organizers contact: Health and Wellness Chair, Vishal Yadav (vyadav1@jhu.edu)

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# E-Sports Special Events – Weekly, 8pm (EST)

The GRO's e-sports league is hosting single-day tournaments each week in addition to our intramural play. Four events are approaching in April: A 'Smashketball' tournament in Smash Ultimate on 4/4, an unannounced event on 4/9, a Hunger Games-style event in Pokemon Showdown on 4/14, and an Escalation event in Valorant on 4/22. Prizes for the winners!

Organizers contact: <a href="mailto:gro.esports@gmail.com">gro.esports@gmail.com</a></a>
Link: <a href="https://discord.gg/dUwApSBvAq">https://discord.gg/dUwApSBvAq</a>

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# E-Sports Live Streams – Weekly, Wednesdays thru Sundays at 8pm (EST)

The GRO's e-sports league is in full swing! Our matches are live streamed on Twitch with full commentary. Come watch 175 of your fellow students go head to head in League of Legends, Valorant, Smash, Pokemon, and Rocket League. Say hi in the chat!

Organizers contact: <a href="mailto:gro.esports@gmail.com">gro.esports@gmail.com</a></a>
Link: <a href="mailto:https://www.twitch.tv/jhu\_gro\_esports">https://www.twitch.tv/jhu\_gro\_esports</a>

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Trivia Nights – Weekly, Thursdays

GRO is hosting weekly trivia every Thursday night (6-8pm EST) over zoom! You can sign up by yourself or with a team here. Detailed instructions for the event are at the top of the registration link.

Organizers contact contact: Social chairs, Alex & Ece (social.gro@jhu.edu)

Registration link: <a href="https://forms.gle/U34GK4m7QPRcNnZQA">https://forms.gle/U34GK4m7QPRcNnZQA</a>

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# Coffee Hours - Weekly, Mondays thru Wednesdays

The GRO offers weekly coffee hours with Ceremony Coffee Roaster's in Mt. Vernon, Carma's Cafe in Charles Village, and potentially more locations. Due to limitations with holding events on campus, we have set up a program where students who sign up can go to either cafe and receive a \$5 credit applied to an item(s) of their choice. Instead of socializing in Levering Lounge we will be socializing on our discord server! Please visit our events tab on our Hopkins groups page to see more information on how to sign up each week.

Organizer(s) contact: Social chairs, Alex & Ece (social.gro@jhu.edu)

Hopkins groups: <a href="https://jhu.campusgroups.com/GRO/club\_signup">https://jhu.campusgroups.com/GRO/club\_signup</a> > Sign ups under "Events"

#### **GRO MEETINGS & RESOURCES**

#### GRO Ventilation Concerns Form - \*New\* & Open!

We have launched a form to allow graduate students to report buildings and rooms at Johns Hopkins University for which they are concerned that the ventilation of the location is not up to CDC standards given the COVID-19 pandemic. The GRO will then report these concerns to the administration and inquire about the ventilation status for the specific location given.

Organizer(s) contact: COVID-19 concerns chair, Maya (<u>mmonro10@jhu.edu</u>)

Ventilation concerns form:

https://docs.google.com/forms/d/e/1FAIpQLSf4YYKyXWlrry2OUD9OivA7aUmzqE1XnM-AvQO6kdVZ3lqi6g/viewform?usp=sf\_link

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New Health and Wellness Vending Machine at 1 East 31st Street, Lobby Area – Always Open!

The machine is accessible even when SHWC is closed. Most of the products are provided at a discounted price (\$2-8). All the over-the-counter items and wellness supplies doctors usually recommend are available.

Note: Only available to J-card users and only J-cash is accepted for payment.

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## **Group Events Funding** – **Always Open!**

GRO offers funding to events which support graduate students here at Homewood. Funding is approved on a rolling basis (no quarterly deadlines), and you don't need to be a registered student group to be eligible. Check out more details and the application from our website.

Organizer(s) contact: Funding chair, Stephan (<u>funding.gro@jhu.edu</u>)

More info & application: https://studentaffairs.jhu.edu/gro/funding/group-funding/

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# **GRO** General Council Meetings – Fortnightly Mondays, 6-7:30pm (EST)

All Homewood graduate students are welcome to participate in any general council meeting, which will be virtual for the remainder of spring 2021. Note, only designated department representatives and GRO executive board members can vote at these meetings. Please view our website for our upcoming meeting dates and how to join.

Organizer(s) contact: GRO co-chairs, Conor and Shane (gro@jhu.edu), Graduate involvement chair, Ona (oambroz1@jhu.edu)

Dates & info to join meetings: https://studentaffairs.jhu.edu/gro/events/

## **APRIL OBSERVATIONS**

#### **Scottish-American Heritage Month**

Scottish-American Heritage month was first declared in 1998. The Scottish are one of the oldest immigrant groups in the US. The Scottish have contributed greatly to the establishment of the United States, with 56 Scottish-Americans signing the Declaration of Independence as one example of their profound impact. Let us take this month to recognize the great influence they have had on the American infrastructure.

Notable Americans of Scottish Descent

- · Samuel Wilson, aka Uncle Sam
- · The Davidson Brothers, from Harley-Davidson Motor Company

· Inventor Alexander Graham Bell

#### **Autism Awareness/Acceptance Month**

Autism Awareness month was first recognized in 1970. It is the fastest growing developmental disorder in the US with 1 in 54 children being diagnosed with a form of autism on the spectrum every year. There has been a movement to shift autism "awareness" to "acceptance" to encourage autistic individuals to live a fulfilling life in all aspects. Let us stand in support of the autistic community, ensuring that all people have the ability to live life to the fullest.

Notable Americans on the Autism Spectrum

- · Comedic Actor Dan Aykroyd
- · Dr. Temple Grandin, Colorado State University
- · Satoshi Tajiri, creator of Pokémon

Just a reminder, Earth Day is April 22,2021. Go outside and show Mother Earth some love and care this year (safely of course)!

#### **WELLNESS RESOURCES**

We have collated health & wellness resources for Homewood graduate students. Check out our attached PDF!