

How Does Your Student Stay Healthy at Hopkins?



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Student Well-Being

Johns Hopkins University strives to promote awareness of and holistic support for student wellness. It values inclusion and overall wellness and promotes strategies for resilience in the context of stressful situations and life events common among students.

- The Counseling Center
- Student Health and Wellness Center
- Center for Health Education and Well-Being
- Student Disability Services



Student Well-Being

Online and Telehealth Resources

- TimelyMD 
- SilverCloud 
- Thriving Campus 
- The Calm App 

Student Disability Services (SDS) Primary Mission

Responsibilities

- Assists the university community in understanding the effects of disabilities by eliminating the physical, technological, attitudinal and programmatic barriers that limit the range of opportunities for students with disabilities in face-to-face and online classes.
- Raise awareness around disability issues as an area of diversity.

Selected Accommodations

- Extended Testing Time
- Private Testing Location
- Note-taker
- Alternate Format Materials
- Interpreter/CART/Captioning
- Assistive Technology (AT)

Common Disability Categories



How do students request accommodations from SDS?

- New students complete SDS online registration form in Accommodate.
- Students will need to provide their Hopkins ID.
- Students indicate their needed accommodations and upload supporting documentation that indicates how their disability impacts them.

Faculty notification for academic accommodations

- Students will submit a semester request form and then accommodation letters are sent directly to faculty.
- Students should submit the request a week before classes begin (or as soon as possible) so that a productive discussion between the student and faculty can take place about the way their accommodations will be implemented.

Student Disability Services Homewood Contact Information

Terri Massie-Burrell, PhD – Director

Shaffer Hall 101

Phone: 410-516-4720

Fax: 443-529-1543

Email: studentdisabilityservices@jhu.edu

Website: <https://studentaffairs.jhu.edu/disabilities/>

Instagram: @jhudisabilityserviceshwd

Health and Wellness Center

- Two clinic spaces for Fall 2021
- Main clinic at 1 E. 31st Street will be utilized for routine, non-sick, visits such as physicals, GYN care, injuries, STI checks
- The SHWC annex at 3101 N. Charles St will be for sick care and students with symptoms consistent with COVID-19



Health and Wellness Center

We are staffed with physicians, nurse practitioners, registered nurses, a nutritionist, medical assistants, and administrative support staff.

It is FREE to be seen at the SHWC for all eligible students. It does not matter if you have the Student Health Benefit Insurance Plan or have your own insurance. Our services are free for everyone.

Students are responsible for charges incurred for care outside of the SHWC, such as ED visits, radiology, lab tests, or medications.



Health and Wellness Center

Services offered

- Acute and chronic illness care
- Wellness physicals
- Allergy injection
- International travel
- Nutrition consult
- Reproductive health (all genders)
- Wellness counseling
- STI screening

How to make an appointment

- Call 410-516-8270 between 8:30 am - 4:45pm for same day or future appointment.
- We hope to return to online scheduling in Spring 2022.

What happens when we're closed

- Our phone line gets transferred to our nurse advice line when we are closed.
- Our RNs will reach out to any student calls the following business day to provide any necessary follow-up care!

Counseling Center



Counseling Center

Common presenting concerns

- Academic concerns
- Depression
- Anxiety
- Relationship concerns
- Self-esteem

Counseling Center Services

- Brief individual therapy
- Group counseling
- Workshop
- Psychiatry
- Drop-in (IC)
- Referral assistance
- Crisis intervention
- Outreach and Consultation

Counseling Center

Accessing our services

Self-referred

New students

Returning students

Staff/faculty referrals

Insurance

- Three Insurance Types Available to Students:
 - Physical/ Mental Health Insurance
 - Dental Insurance
 - Vision Insurance

JHU Student Benefits Health Plan

• JHU offers an insurance plan known as Wellfleet Student Insurance. Wellfleet insurance operates within the Cigna PPO network.

To be enrolled in the SHBP, a student must be registered in one of the following schools:

- Krieger School of Arts and Sciences*
- Whiting School of Engineering*
- Peabody Institute*
- School of Education
- Carey Business School
- School of International Studies (SAIS)



Summary of Wellfleet Insurance Health Benefits

- Plan consists of a \$150 deductible that must be met before benefits take effect. Reduced deductible options available with assistance from Referral Coordinators
- Plan covers In-Network Providers (Cigna PPO Providers) at 90/10 ratio
- 90% paid by Wellfleet and remaining 10% covered by student
- Plan covers Out-of-Network Providers at a 64/37 ratio
- Students pay the complete cost of service charges and are reimbursed for 64% of Reasonable and Customary (R&C) charges
- Assistance from Referral Coordinators is advised to ensure reimbursements are processed accurately
- Preventative care is covered at 100% for In-Network/ 84% for Out of Network

Dental & Vision Insurance



- Dental Insurance covered under Delta Dental
- Vision Insurance covered under Eye Med
- Both plans are allowance plans, meaning an allotted amount is provided to members for specific services
- Once that allotted amount is utilized difference must be covered at 100% by member

Items to Remember

- All Students are auto-enrolled in Wellfleet Insurance Plan
 - If privately insured, you must opt-out of plan via SIS Portal
- For Undergraduates and Master's level students, Dental & Vision Plan are opt-in only. Doctoral auto-enrollment
- For 2021-2022 School Year, all plans take effect August 15, 2021
- Enrollment period for all insurance plans end on September 30th, 2021

Questions?

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