Welcome FLI Families to FLI Compass!

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Supporting & Partnering from Afar: Navigating the First Weeks of College Discussion Guide

What can I expect in the first weeks of college?

What are the Key Resources, Tools, and Supports? What are the questions that I should be asking my student in the first weeks of College?

How can I partner with my student and staff/programs to support and empower my student through this transition?

What are your questions? Ask us anything!
What can I expect in the first weeks of college?

What SCAA sees...

• Navigating the lay of the land
  • Identifying and accessing resources
• Personal and Academic adjustment
  • Learning time management
  • Reality of home and college

What the Counseling Center sees...

• Adjustment is a process
• Focus on belonging
• Normalizing feeling overwhelmed
What are the key resources, tools, and supports?

What questions should I be asking my student in the first weeks of college?

SCAA

• Encourage your student to engage with their advisor
• Incorporate other aspects of student life

Counseling Center

• Formal and informal services
  • Chat with a Counselor
• Check in about academics (What do you like about your classes?)
• Go beyond academics
  • What have you enjoyed most about campus so far?
  • How have you been adjusting to dorm life?
• Ask how you can be a support!
Q1. How often are you checking your Hopkins email?
Q2. What programs and events are you planning to attend?

Move-in Resource Fair:
Sunday, August 20, 2023

Welcome Back Ice Cream Social:
Saturday, September 9, 2023
Q3. How are you balancing your schedule? How have you adjusted to independent living?
We thought you could use a hug...
How can I PARTNER with my student and staff/programs to support and EMPOWER my student through this transition?

• What is FERPA and how does it impact me?
  • Family Educational Rights and Privacy Act (FERPA)

• Autonomous decision making and multilayered transitions
How can I PARTNER with my student and staff/programs to support and EMPOWER my student through this transition?

Tips...

• Shift to partner with your student
• Empower your student to self-advocate

• Engaging students from afar
  • Adjustments in communication
  • Listen to what your student is saying
    • What do you hear in week 1 that can help in week 3?
    • Help set expectations around adjusting – focus on encouragement and resources
Stay Connected & Summer Checklist

Follow us on Instagram and LinkedIn

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www.linkedin.com/company/jhu-fli-network

Summer Checklist: Canvas

• Taking the math placement exam; ALEKS
• Completing your final high school transcript submission;
• Completing the mandatory pre-entrance health forms;
• Preparing for the fall course registration starting July 24 at 7 a.m. EDT
What are Your Questions?