



Students studying together and enjoying the last of fall on Keyser Quad

Blue Jay Families,

As we head into finals season, we know that students are eagerly anticipating the upcoming semester break. Life on campus this fall has been full of activities, events, and academic work, and we are excited for the upcoming [Lighting of the Quads celebration!](#) This newsletter highlights several announcements that we want you to be aware of as you support your student through the end of the semester.

Resource Spotlight: Off-Campus Housing Office



The [Off-Campus Housing](#) office provides information to members of the Johns Hopkins community [searching for housing](#) near the Homewood Campus. They can help students who are not required to reside in University Housing, as well as faculty and staff.

The Off-Campus Housing team maintains a database of private residential and commercial properties in the area that offer leases of various lengths, including month-to-month. In addition to their housing database, their website offers safety and security tips, FAQs about off-campus living, and monthly newsletters targeted to individual class years.

Students are welcome to stop by and visit their office, located on the Terrace Level of McCoy Hall (formerly the MPR) on the Homewood campus. The office is open Monday through Friday, 8:30 a.m.–5 p.m. They can be reached at 410-516-7961 or email them at offcampus@jhu.edu with any [questions](#) or concerns.

[Visit the Off-Campus Housing website](#)

**Important
Upcoming Dates**

- **Dec. 6:** Lighting of the Quads
 - **Dec. 9:** Last Day of Classes
 - **Dec. 12–13:** Reading Days
 - **Dec. 14–22:** Final Exam Period
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Celebrating the FLI Community



Johns Hopkins hosted a [FLI Day celebration](#) on Keyser Quad on Nov. 8, a reflection of the university's continued and growing support for first-generation and/or limited-income students. The event recognized the [university FLI community](#) as a whole—students, alumni, faculty, staff, and allies—with art, activities, giveaways, and refreshments.

More than 28% of undergraduate students at Johns Hopkins are first-generation and/or limited-income, a sign of increased access to a Hopkins education made possible in large part by Michael R. Bloomberg's \$1.8 billion gift in 2018.

[Read more on the Hub](#)

Finals Season at JHU

As we approach final exam season, we offer some tips to support student well-being, as well as resources for academic support. Feel free to share these tips with your student.

- Students can utilize the range of resources for time management and exam preparation offered by the [Office of Academic Support](#). They can consider [Study Consulting Express](#) for a one-time appointment with a study consultant, or utilize the [Learning Den's](#) drop-in tutoring hours.
- Encourage your student to prioritize themselves – they should sleep, eat well, hydrate and remember to pause studying for exercise and relaxation. Encourage your student to visit the [Rec Center](#) for a physical activity break; the [Calm app](#) is also a great resource for helping students destress. Students can also participate in [upcoming wellness events](#), like mindful walks and visits with a therapy dog.
- If your student is struggling with stress around finals, the [Counseling Center](#) offers drop-in hours, and so does [A Place to Talk](#).

Lastly, encourage your student to read [this article about self-compassion](#) and remind them that they were meant for Hopkins.

Help support on-campus student programming by making a gift today to the Parent’s Fund. For additional information about the Hopkins Parent Fund and/or family philanthropy at Hopkins, please contact [Kristina Snyder](#).

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