

The JUMP Program

Johns Hopkins Underserved in the Medical Professions

Deidre Campbell, *Director*

Catrina Slater, *Associate Director*

Eyad Ali, *JUMP Fellow Applicant*

Lia Sanchez Ramirez, *JUMP Student Member*



Homewood Student Affairs
Center for Student Success



Our History

The JUMP was established in 2011 as a pioneering commitment to promote the success of high-achieving students from underrepresented populations who are preparing for careers in medicine and the health professions. Through the landmark gift of \$1.8 billion by Michael R. Bloomberg that is dedicated to meeting 100% demonstrated need with no-loan financial aid packages for first-generation and limited-income (FLI) students and the robust expansion of FLI initiatives at Johns Hopkins University, the JUMP program has evolved from a small cohort-based program to a premier 4yr+ enrichment program.

The program's initial mission:

To fuel an increase in the numbers of students from diverse backgrounds applying to medical school and other health professions programs.

Our Mission

Our mission is to **close the gaps and dismantle barriers** that hinder the application progression of Johns Hopkins students and alumni pursuing health professional careers. Through our collaborative relationships with academic institutions, medical professionals, and community partners, we **build bridges of opportunity** for aspiring healthcare leaders from under-resourced and/or underserved backgrounds to successfully navigate the pre-med/pre-health pathways at Johns Hopkins and beyond.

Our Team

Deidre Campbell, Director

Program, community partnerships, development initiatives, mentorship programs, collaborative relationships, professional staff and JUMP fellows

Catrina Slater, Associate Director of Community Engagement

Membership and community engagement projects, student interns, and graduate assistants, JUMP Wellness Leaders, and JUMP Ambassador Program

TBD, Assistant Director of Student Services

Academic Testing & Application Support, JUMP Tutoring program, and career exploration projects

JUMP also employs two student interns and graduate assistants

The Pre-Health Journey



Academics

GPA, Science Courses (Biology, Chemistry, Physics, etc.), MCAT/DAT/GRE



Clinical Experiences

Immersive opportunities that explore the health professional track through shadowing and volunteering & employment

Hours: 250+



Research

Demonstrate scientific inquiry and commitment to advance health

Hours: 500+



Community Service

Demonstrate a commitment to serving underserved, under resourced, and vulnerable populations

Hours: 250+



Leadership & Hobbies

Demonstrate ability to lead a group to achieve a goal. Must show an interest in medical or non-medical hobbies.

Hours: 250+



The Bridge Years

No Bridge Year

- Vast majority of students initially plan no bridge year
- Less than 20% apply without a bridge year
- Need to complete all pre-health requirements in 3 years
- Complete MD journey faster

Bridge Year

- More than 80% of Hopkins pre-med take at least 1 bridge year
- More time to prepare strongest application
- Improve GPA/MCAT and experiences
- Better prepared for the rigors of medical and health professional school
- Average age of 1st year med student- 24+ years old



The Health Professions

Our students pursue a **variety of health professions** including but not limited to:

- Medical Doctor (MD/DO)
- Physician Scientist (MD/PhD or DO/PhD)
- Physician Assistants
- Nursing
- Dentistry
- Optometry
- Pharmacy
- And many more!



The Data

The JUMP Community

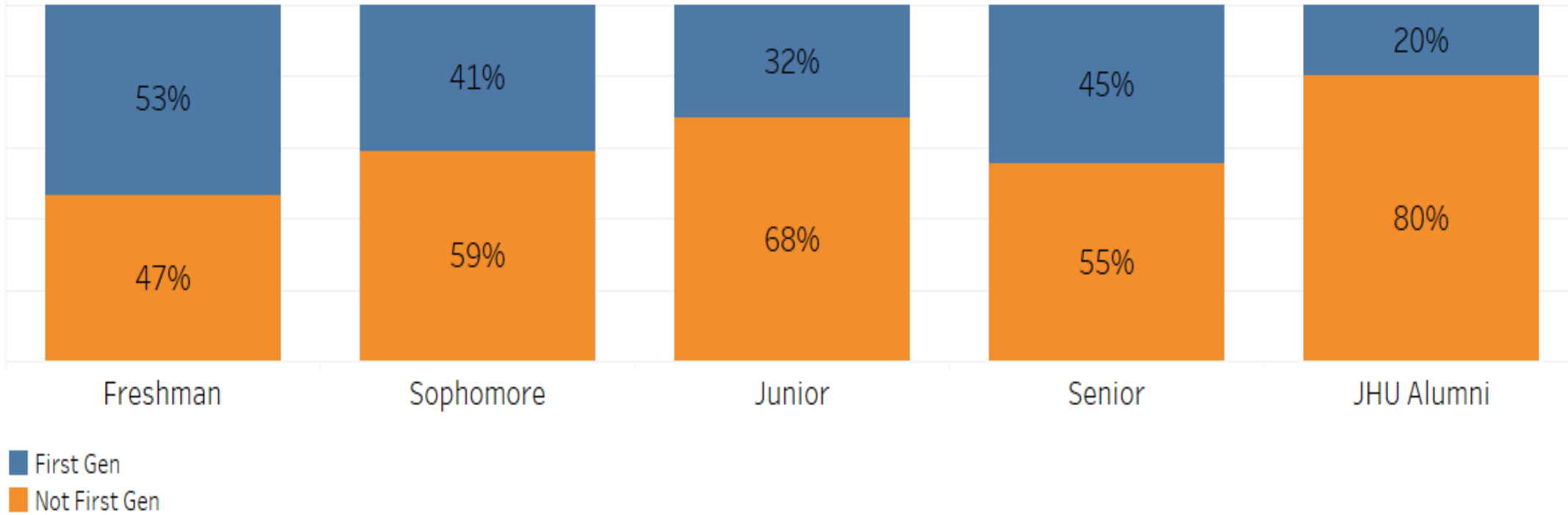


JUMP Application Progression Profile

AY 2022-2023

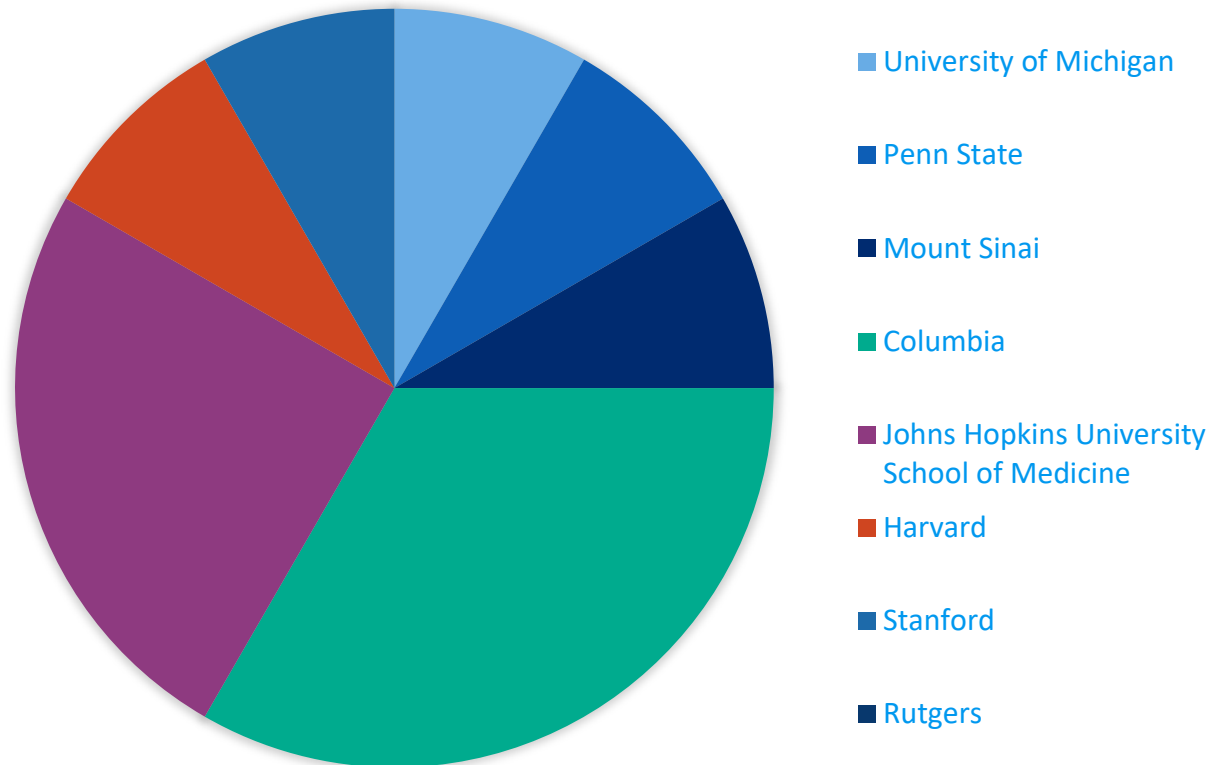
Select a Demographic:
First Gen

Fall 2022 Classification - Percentage by First Gen



2022 Medical School Matriculation Data

- In 2022-JUMP Students matriculated to allopathic medical schools. Matriculants to the most popular medical schools:





The JUMP Roadmap and Benefits

JUMP Active Membership

Ensures progress on your pre-health journey!

**ACADEMIC, TESTING, &
APPLICATION SUPPORT**

JUMP PPP SURVEY

IMMERSIVE EXPERIENCES

**LEADERSHIP & COMMUNITY
ENGAGEMENT**

**LEARNING & SKILL
DEVELOPMENT**



Academic, Testing, & Application Support

These experiences enhance success in academics, standardized exams, and components of the medical/health professional school application.

Requirement: Two activities (at least one JUMP activity) per semester (Summer/Fall and Intersession/Spring).

JUMP Sponsored Experiences (examples)

ALEKS
AceReader
JUMP Test Prep
Academic Support
RECAP

100 Engagement Points

Non-JUMP Sponsored Experiences (examples)

PILOT
Learning Den
Study Consultant services
Pre-Professional Advising sessions
HOUR

Leadership & Community Engagement

These experiences include leadership roles, responsibilities, and/or nonclinical community service where you have committed a minimum of 20 hours per semester (Summer/Fall and Intersession/Spring).

Requirement: one experience (JUMP sponsored or not) per semester (Summer/Fall and Intersession/Spring); experiences may apply to more than 1 semester if you continue to participate.

JUMP Sponsored Experiences (examples)

Wellness Leader
JUMP Student Leaders
JUMP Ambassadors

200 Engagement Points

Non-JUMP Sponsored Experiences (examples)

Employment
Private Tutor, TA
Volunteer in Baltimore City Public
Schools Student Organizations
Study Abroad

Immersive Experiences

These experiences are clinical, research, and health-related experiences where you have committed a minimum of 20 hours per semester (Summer/Fall and Intersession/Spring).

Requirement: one Immersive experience per semester (JUMP sponsored or not); experiences may be submitted for more than one semester if you continue to participate.

JUMP Sponsored Experiences (examples)

FIGURE
BRBT
SPROUT
Medical Tutorials

200 Engagement Points

Non-JUMP Sponsored Experiences (examples)

Clinical volunteering
Shadowing
Violet Project
Research positions
HOUR

Learning & Skill Development

These experiences explore the health professions and skills that support personal and professional development.

Requirement: Two activities (at least one JUMP Sponsored activity) per semester (Summer/Fall and Intersession/Spring).

JUMP Sponsored Experiences (examples)

Wellness Events
Meet & Mingle
Pathways Speaker Series

100 Engagement Points

Non-JUMP Sponsored Experiences (examples)

FLI Network Activities
Life Design Events
OneHop
Med School Info Sessions
Writing Center
Pre-Professional Advising

Semester at a Glance

The grid contains the following event posters:

- Hour & DSIP Presents: Paid Summer Research Opportunities at JHU** (November 2, 12-1:30 PM Virtual)
- How to Be a SUCCESSFUL STUDENT AT JHU!** (September 6th, 2023 | 5-7 PM Virtual)
- PRE-HEALTH 101** (Presented by The Office of the Professional Advisor)
- JUMP MEET & MINGLE** (September 14th | 5-6:30 PM Virtual)
- PRE-HEALTH 201** (October 4, 2023 | 5 PM - 6 PM Virtual)
- JOHNS HOPKINS MEDICAL SCHOOL: ONE DAY MINI MED SCHOOL** (2023 Annual)
- PRE-HEALTH RESUME WORKSHOP** (October 11, 2023 | 6-8:00 PM)
- INSPIRING FUTURE HEALERS: Discovering the Why Behind Your Health Professional Journey** (Monday, October 9th | 6pm Virtual)
- PATHWAYS SPEAKER SERIES: DEAN WHITE, J.D.** (Wednesday, October 11th, 2023 | 5:00-6:30 PM Virtual)
- LEADERSHIP BEYOND THE WHITE COAT** (October 26, 7-8 PM Virtual)
- MEET & MINGLE** (Join us for some WINTER FUN! | Monday, December 4, 2023 | 5:45 PM | Virtual)
- WHAT IS THE HPA? AND WHY DOES IT MATTER?** (Thursday, November 2, 2023 | 5:45 PM | Virtual)
- health professions panel** (Discover Baltimore area programs in Pharmacy, Nursing, Medicine, and Dentistry | NOV 8 2023 6-7:30 PM | Commons Salon C)
- STATEMENT WRITING FOR PRE-HEALTH OPPORTUNITIES** (Tuesday, Nov 14 | 5-8:00 PM Virtual)
- PROFESSIONAL ETIQUETTE IN PROFESSIONAL SPACES** (November 23 | 6-8 PM | Hybrid | Commons Salon C)

New JUMP Programs

This Academic Year



Medical Tutorials: Enhanced research and clinical experiences



Ambassador Program: Member engagement program



Tutoring Program: Academic enrichment



Bridges-SOM Mentorship Program: Networking and mentoring by SOM faculty



JHU JUMP Families Facebook Page: Community engagement and information sharing



Benefits of Active Membership



Academic Support

- Early PILOT Registration
- Test Preparation Material
- Standardized Exam Discounts
- Tutoring Program



Experiential Support

- BLS/ALS Training
- JTAP (Transportation Assistance)
- Travel/lodging for pre-health experiences
- Medical Tutorials



Professional Support

- Conference Presentation
- Interview Support
- Letters of Recommendation
- AMSA Memberships
- Professional Attire

Engagement Points and Tier Benefits

Active JUMP members choose 1 item (as applicable) in each eligible semester

TIER 1	TIER 2	TIER 3
Earn 600 Engagement Points to unlock bonuses	Earn 900 Engagement Points to unlock bonuses	Earn 1200 Engagement Points to unlock bonuses
<p>JTAP - \$150 Lyft credit</p> <p>Med School Self-Help Books (Dr. Gray's Books)</p> <p>MSAR subscription</p> <p>CPR Training- up to \$150</p> <p>J-Cash (GrubHub!)- \$50</p> <p>BLS/ALS Training- up to \$150</p> <p>Standardized Testing Discount Codes</p> <p>Professional attire (\$100)</p>	<p>JTAP - \$200 Lyft credit</p> <p>Letter of Recommendation</p> <p>Standardized Testing Discount Codes (extended access)</p> <p>DAT Bootcamp up to \$250</p> <p>AMSA (American Medical Student Association) Membership</p> <p>Conference presenter up to \$250 funding support</p> <p>Travel and lodging for pre-health experiences up to \$250 (includes medical school interviews)</p>	<p>Health Professional School (In-person)-Interview or Second Look- up to \$350</p> <p>Professional attire up to \$250</p> <p>Conference presenter up to \$350</p> <p>CNA and Phlebotomy fee up to \$350</p>

JUMP Student Testimonials



Homewood Student Affairs
Center for Student Success

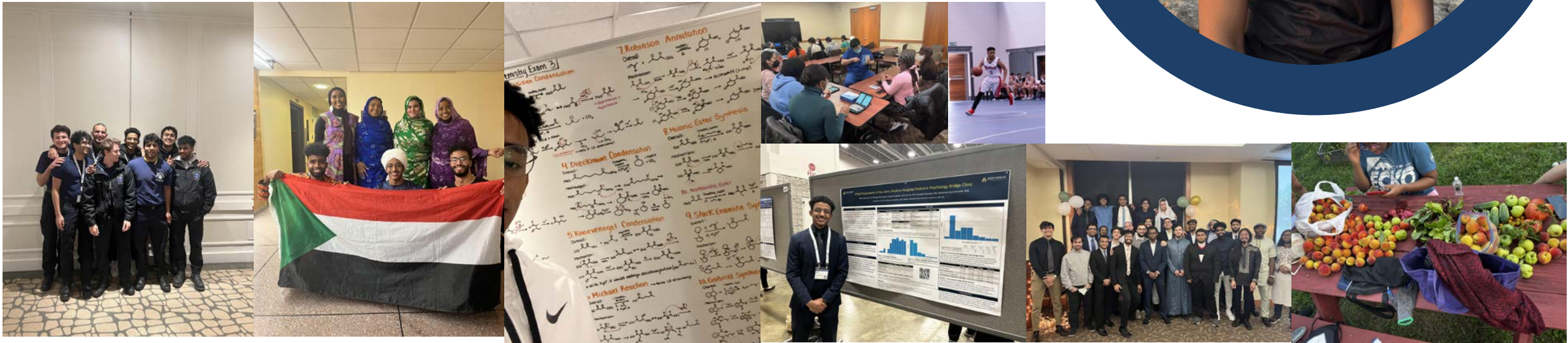


Eyad's Pre-Med Journey

Background

- Class: Winter 2023
- Majors: Public Health & Natural Sciences (Chemistry)
- Hometowns: Khartoum, Sudan & Doha, Qatar

Undergraduate Activities

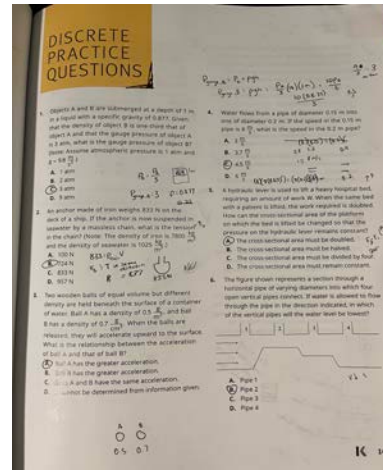


Eyad & JUMP

How has JUMP supported my pre-medical journey?



Mentorship & Research



MCAT Prep



Conferences & Networking

All in addition to early academic support programs (PILOT), participation in Academic Study Challenges, Wellness events, Physician panels, opportunities newsletters, and much more!

Lia's Pre-Med Journey

Background

- Class: Spring 2023 Bachelor's, Spring 2024 Master's
- Major: Molecular & Cellular Biology
- Hometowns: Sancti-Spiritus, Cuba & Miami, Florida

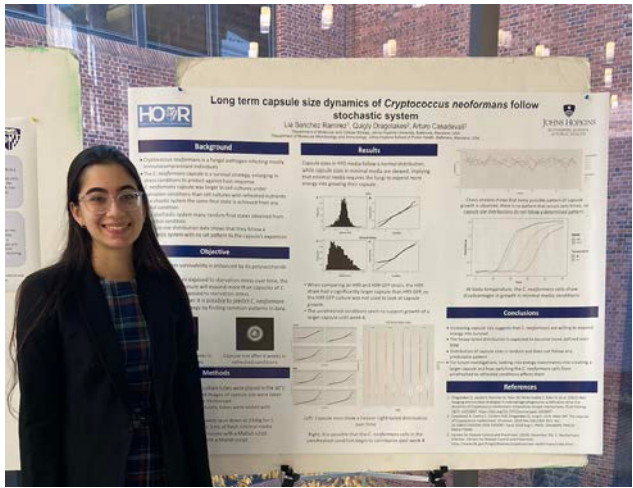


Undergraduate & Graduate Activities

Lia Sanchez Ramirez

- An advocate since 2021
- Has worked at both the CMP and GYN/ONC desks
- She's known for building rapport with her patients
- Her favorite memory is starting at GYN/ONC and working with a new patient population!

Johns Hopkins Community Connection



Homewood Student Affairs
Center for Student Success



Johns Hopkins Underserved in the Medical Professions

Lia & JUMP

How has JUMP supported my pre-medical journey?

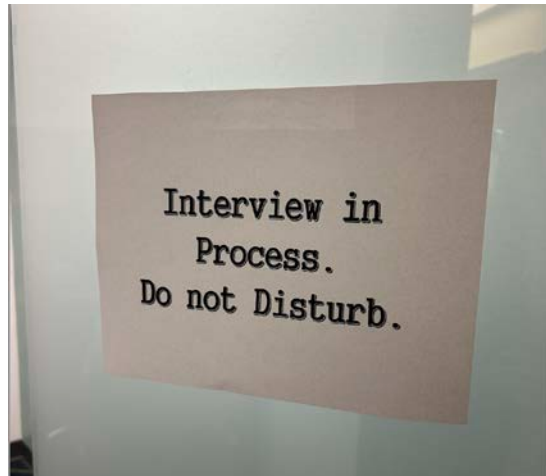
Medical School
Personal Statement



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Leadership Development



Interview Support



Personal Statement/Building Narrative

I also had plenty of opportunities to network with minority physicians, awarded JTAP for shadowing, earn J-CASH for MCAT studying during the MCAT bootcamp, take mentees/Wellness group members on excursions, make new friends, and much more!

Questions?

Follow us on Instagram: [@jhu_jump](#)
Join our **JHU JUMP Families Facebook Page**