The JUMP Program
Johns Hopkins Underserved in the Medical Professions

Deidre Campbell, Director
Catrina Slater, Associate Director
Eyad Ali, JUMP Fellow Applicant
Lia Sanchez Ramirez, JUMP Student Member
Our History

The JUMP was established in 2011 as a pioneering commitment to promote the success of high-achieving students from underrepresented populations who are preparing for careers in medicine and the health professions. Through the landmark gift of $1.8 billion by Michael R. Bloomberg that is dedicated to meeting 100% demonstrated need with no-loan financial aid packages for first-generation and limited-income (FLI) students and the robust expansion of FLI initiatives at Johns Hopkins University, the JUMP program has evolved from a small cohort-based program to a premier 4yr+ enrichment program.

The program’s initial mission:
To fuel an increase in the numbers of students from diverse backgrounds applying to medical school and other health professions programs.
Our Mission

Our mission is to close the gaps and dismantle barriers that hinder the application progression of Johns Hopkins students and alumni pursuing health professional careers. Through our collaborative relationships with academic institutions, medical professionals, and community partners, we build bridges of opportunity for aspiring healthcare leaders from under-resourced and/or underserved backgrounds to successfully navigate the pre-med/pre-health pathways at Johns Hopkins and beyond.
Our Team

**Deidre Campbell, Director**
Program, community partnerships, development initiatives, mentorship programs, collaborative relationships, professional staff and JUMP fellows

**Catrina Slater, Associate Director of Community Engagement**
Membership and community engagement projects, student interns, and graduate assistants, JUMP Wellness Leaders, and JUMP Ambassador Program

**TBD, Assistant Director of Student Services**
Academic Testing & Application Support, JUMP Tutoring program, and career exploration projects

JUMP also employs two student interns and graduate assistants
The Pre-Health Journey

**Academics**
- GPA, Science Courses (Biology, Chemistry, Physics, etc.), MCAT/DAT/GRE
  - Hours: 250+

**Clinical Experiences**
- Immersive opportunities that explore the health professional track through shadowing and volunteering & employment
  - Hours: 250+

**Research**
- Demonstrate scientific inquiry and commitment to advance health
  - Hours: 500+

**Community Service**
- Demonstrate a commitment to serving underserved, under resourced, and vulnerable populations
  - Hours: 250+

**Leadership & Hobbies**
- Demonstrate ability to lead a group to achieve a goal. Must show an interest in medical or non-medical hobbies.
  - Hours: 250+
## The Bridge Years

<table>
<thead>
<tr>
<th>No Bridge Year</th>
<th>Bridge Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Vast majority of students initially plan no bridge year</td>
<td>• More than 80% of Hopkins pre-med take at least 1 bridge year</td>
</tr>
<tr>
<td>• Less than 20% apply without a bridge year</td>
<td>• More time to prepare strongest application</td>
</tr>
<tr>
<td>• Need to complete all pre-health requirements in 3 years</td>
<td>• Improve GPA/MCAT and experiences</td>
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<tr>
<td>• Complete MD journey faster</td>
<td>• Better prepared for the rigors of medical and health professional school</td>
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<tr>
<td></td>
<td>• Average age of 1st year med student- 24+ years old</td>
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The Health Professions

Our students pursue a variety of health professions including but not limited to:

- Medical Doctor (MD/DO)
- Physician Scientist (MD/PhD or DO/PhD)
- Physician Assistants
- Nursing
- Dentistry
- Optometry
- Pharmacy
- And many more!
The Data

The JUMP Community
JUMP Application Progression Profile
AY 2022-2023

Select a Demographic:
First Gen

Fall 2022 Classification - Percentage by First Gen

<table>
<thead>
<tr>
<th>Classification</th>
<th>First Gen</th>
<th>Not First Gen</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freshman</td>
<td>53%</td>
<td>47%</td>
</tr>
<tr>
<td>Sophomore</td>
<td>41%</td>
<td>59%</td>
</tr>
<tr>
<td>Junior</td>
<td>32%</td>
<td>68%</td>
</tr>
<tr>
<td>Senior</td>
<td>45%</td>
<td>55%</td>
</tr>
<tr>
<td>JHU Alumni</td>
<td>20%</td>
<td>80%</td>
</tr>
</tbody>
</table>

Legend:
- First Gen
- Not First Gen
2022 Medical School Matriculation Data

• In 2022-JUMP Students matriculated to allopathic medical schools. Matriculants to the most popular medical schools:
The JUMP Roadmap and Benefits
JUMP Active Membership
Ensures progress on your pre-health journey!

ACADEMIC, TESTING, & APPLICATION SUPPORT
LEADERSHIP & COMMUNITY ENGAGEMENT
LEARNING & SKILL DEVELOPMENT
JUMP PPP SURVEY
IMMERSIVE EXPERIENCES
Academic, Testing, & Application Support

These experiences enhance success in academics, standardized exams, and components of the medical/health professional school application.

Requirement: Two activities (at least one JUMP activity) per semester (Summer/Fall and Intersession/Spring).

JUMP Sponsored Experiences
(examples)

- ALEKS
- AceReader
- JUMP Test Prep
- Academic Support
- RECAP

100 Engagement Points

Non-JUMP Sponsored Experiences
(examples)

- PILOT
- Learning Den
- Study Consultant services
- Pre-Professional Advising sessions
- HOUR
Leadership & Community Engagement

These experiences include leadership roles, responsibilities, and/or nonclinical community service where you have committed a minimum of 20 hours per semester (Summer/Fall and Intersession/Spring).

Requirement: one experience (JUMP sponsored or not) per semester (Summer/Fall and Intersession/Spring); experiences may apply to more than 1 semester if you continue to participate.

JUMP Sponsored Experiences (examples)
- Wellness Leader
- JUMP Student Leaders
- JUMP Ambassadors
- 200 Engagement Points

Non-JUMP Sponsored Experiences (examples)
- Employment
- Private Tutor, TA
- Volunteer in Baltimore City Public Schools Student Organizations
- Study Abroad
Immersive Experiences

These experiences are clinical, research, and health-related experiences where you have committed a minimum of 20 hours per semester (Summer/Fall and Intersession/Spring).

**Requirement:** one Immersive experience per semester (JUMP sponsored or not); experiences may be submitted for more than one semester if you continue to participate.

**JUMP Sponsored Experiences**
- FIGURE
- BRBT
- SPROUT
- Medical Tutorials

200 Engagement Points

**Non-JUMP Sponsored Experiences**
- Clinical volunteering
- Shadowing
- Violet Project
- Research positions
- HOUR
Learning & Skill Development

These experiences explore the health professions and skills that support personal and professional development.

**Requirement:** Two activities (at least one JUMP Sponsored activity) per semester (Summer/Fall and Intersession/Spring).

**JUMP Sponsored Experiences**
(examples)
- Wellness Events
- Meet & Mingle
- Pathways Speaker Series

100 Engagement Points

**Non-JUMP Sponsored Experiences**
(examples)
- FLI Network Activities
- Life Design Events
- OneHop
- Med School Info Sessions
- Writing Center
- Pre-Professional Advising
New JUMP Programs
This Academic Year

Medical Tutorials: Enhanced research and clinical experiences

Ambassador Program: Member engagement program

Tutoring Program: Academic enrichment

Bridges-SOM Mentorship Program: Networking and mentoring by SOM faculty

JHU JUMP Families Facebook Page: Community engagement and information sharing
Benefits of Active Membership

Academic Support
- Early PILOT Registration
- Test Preparation Material
- Standardized Exam Discounts
- Tutoring Program

Experiential Support
- BLS/ALS Training
- JTAP (Transportation Assistance)
- Travel/lodging for pre-health experiences
- Medical Tutorials

Professional Support
- Conference Presentation
- Interview Support
- Letters of Recommendation
- AMSA Memberships
- Professional Attire
### Engagement Points and Tier Benefits

Active JUMP members choose 1 item (as applicable) in each eligible semester

<table>
<thead>
<tr>
<th>TIER 1</th>
<th>TIER 2</th>
<th>TIER 3</th>
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<tbody>
<tr>
<td>Earn 600 Engagement Points to unlock bonuses</td>
<td>Earn 900 Engagement Points to unlock bonuses</td>
<td>Earn 1200 Engagement Points to unlock bonuses</td>
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<tr>
<td>JTAP - $150 Lyft credit</td>
<td>JTAP - $200 Lyft credit</td>
<td>Health Professional School (In-person)-Interview or Second Look- up to $350</td>
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<tr>
<td>Med School Self-Help Books (Dr. Gray’s Books)</td>
<td>Letter of Recommendation</td>
<td>Professional attire up to $250</td>
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<tr>
<td>MSAR subscription</td>
<td>Standardized Testing Discount Codes (extended access)</td>
<td>Conference presenter up to $350</td>
</tr>
<tr>
<td>CPR Training- up to $150</td>
<td>DAT Bootcamp up to $250</td>
<td>CNA and Phlebotomy fee up to $350</td>
</tr>
<tr>
<td>J-Cash (GrubHub!)- $50</td>
<td>AMSA (American Medical Student Association) Membership</td>
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</tr>
<tr>
<td>BLS/ALS Training- up to $150</td>
<td>Conference presenter up to $250 funding support</td>
<td></td>
</tr>
<tr>
<td>Standardized Testing Discount Codes</td>
<td>Travel and lodging for pre-health experiences up to $250 (includes medical school interviews)</td>
<td></td>
</tr>
<tr>
<td>Professional attire ($100)</td>
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[Image: Johns Hopkins University Homewood Student Affairs Center for Student Success]
JUMP Student Testimonials
Eyad’s Pre-Med Journey

Background

- **Class:** Winter 2023
- **Majors:** Public Health & Natural Sciences (Chemistry)
- **Hometowns:** Khartoum, Sudan & Doha, Qatar

Undergraduate Activities
Eyad & JUMP

How has JUMP supported my pre-medical journey?

- Mentorship & Research
- MCAT Prep
- Conferences & Networking

All in addition to early academic support programs (PILOT), participation in Academic Study Challenges, Wellness events, Physician panels, opportunities newsletters, and much more!
Lia’s Pre-Med Journey

Background

• **Class:** Spring 2023 Bachelor's, Spring 2024 Master's
• **Major:** Molecular & Cellular Biology
• **Hometowns:** Sancti-Spiritus, Cuba & Miami, Florida

Undergraduate & Graduate Activities
How has JUMP supported my pre-medical journey?

Leadership Development

I also had plenty of opportunities to network with minority physicians, awarded JTAP for shadowing, earn J-CASH for MCAT studying during the MCAT bootcamp, take mentees/Wellness group members on excursions, make new friends, and much more!
Questions?

Follow us on Instagram: @jhu_jump

Join our JHU JUMP Families Facebook Page