

The background of the slide features a large, light blue shield logo of the University of North Carolina at Chapel Hill. The shield contains a book at the top, a globe on the left, and a checkered pattern on the right.

Family Orientation: Partnering for your Student's Success

Jennifer Calhoun

Associate Vice President, Student Affairs

Student Health and Well-Being Primary Care



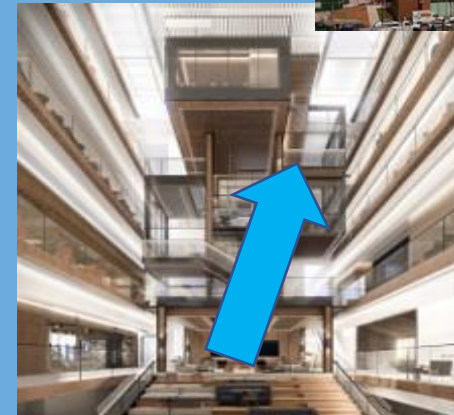
Alexandra Morrel, CRNP
Associate Director of Primary Care,
Homewood

**Be well.
Do well.**



Student Health & Well-Being Primary Care

- Website: <https://wellbeing.jhu.edu/PrimaryCare/>
- Patient portal: <https://myhealth.wellbeing.jhu.edu/>
- Three Locations:
 - Homewood (31st and Charles, near new student center)
 - East Baltimore (Eager Park)
 - DC (Hopkins Bloomberg Center)
- Tel: 410-516-3311, Fax: 410-516-4784
- Hours (academic year):
 - Monday: 8:30 a.m.–5 p.m.
 - Tuesday: 8:30 a.m.–5 p.m.
 - Wednesday: 1 p.m.–5 p.m.
 - Thursday: 8:30 a.m.–5 p.m.
 - Friday: 8:30 a.m.–5 p.m.
- In-person and telemedicine appointments available



Services

- High quality, confidential health care to eligible students
- No fee for provider visits regardless of the type of insurance you have
- Private insurance is only billed by 3rd parties (e.g., labs, imaging facilities, pharmacies, etc.)
- Our health care staff consists of physicians, nurse practitioners, registered nurses, and medical assistants
- Services offered include:
 - Acute care such as injury and illness
 - Chronic conditions
 - Allergy injections
 - International travel consults and related immunizations
 - Physical exams and routine immunizations
 - Specialist referrals when needed
- We also have an on-site lab, prescription dispensary, and over-the-counter medication vending machine (HW clinic entrance, O'Connor Rec Center)
- Please also note services from other SHWB partners not represented today (Student Disability Services and Well-Being Coaching from Health Promotion)



Health Emergencies

- Health emergency on campus: 911 or JHU Public Safety at 410-516-4600
- Mental health emergencies (24/7/365): 410-516-WELL (Behavioral Health Crisis Support Team)
- Student-run EMT service (during the semester) that responds to all calls along with security and Baltimore City EMS
- If your student is having a health emergency and is unable to communicate, staff will attempt to reach the listed emergency contact (please ensure this is updated)
- Nearest emergency room: MedStar Union Memorial
- Nearest urgent care center: University of Maryland Urgent Care~ Rotunda
- When the clinics are closed: on-demand telemedicine, after hours RN advice line



Student Health and Well-Being Mental Health Services



**Be well.
Do well.**



Jennifer Howes, PhD
Chief Mental Health Director
Student Health & Well-Being
jhowes2@jh.edu

Student Health & Well-Being Mental Health Services – Homewood

- Website: wellbeing.jhu.edu/MentalHealthServices
- Patient portal: myhealth.wellbeing.jhu.edu
- 3003 N. Charles St., S200, Baltimore, MD 21218
- Tel: 410-516-3311, Fax: 410-516-4784
- Hours (academic year):
 - Monday: 8:30 a.m.–6 p.m.
 - Tuesday: 8:30 a.m.–6 p.m.
 - Wednesday: 1 p.m.–6 p.m.
 - Thursday: 8:30 a.m.–6 p.m.
 - Friday: 8:30 a.m.–5 p.m.
- In-person and telemedicine appointments available
- We also have clinic locations on the East Baltimore and DC campuses



Mental Health Services

- Our team includes psychologists, social workers, licensed counselors, doctoral interns, occupational therapists, psychiatric nurse practitioners, and psychiatrists
- Accessing MHS:
 - Self-scheduling feature of the MyHealth portal allows appointments to be made 24/7
 - Same and next-day initial consultation (IC) appointments for access to services when students need them
- Services available at MHS:
 - Goal-oriented individual therapy
 - Psychiatric evaluation and medication management
 - Psychological assessment
 - Skills-based workshops and drop-in groups
 - Therapy groups
 - Chat with a Counselor
 - Trainings on suicide prevention (QPR, MHFA) and Mindfulness
 - Case management support for community referrals
 - Crisis support
- There is **no fee or co-pay** for provider visits
- As appropriate, we collaborate with our colleagues in Primary Care, Student Disability Services, Health Promotions, and other campus partners



Virtual Resources for Mental Well-Being

- **TimelyCare – jhu.timelycare.com**
 - TalkNow 24/7/365 on-demand support from a licensed provider
 - 12 sessions of Scheduled Counseling per academic year, available in all 50 US states
 - Psychiatry (cannot prescribe controlled substances)
- **SilverCloud – jhu.silvercloudhealth.com**
 - Online cognitive-behavioral therapy (CBT) based program
 - Modules are available for Stress, Anxiety, Depression, Resilience
- **The Calm App – calm.com/jhu**
 - JHU students have free access to the Premium App
 - Service includes meditation modules, sleep tips, and building healthy habits
- **Thriving Campus – jhu.thrivingcampus.com**
 - Referral directory for off-campus providers
 - Resource guide is also available from MHS clinical case managers
- **The Stress and Depression Questionnaire – jhu.caresforyou.org**
 - Screening for depression and anonymous dialogue with a counselor
 - Opportunity is available to engage in care directly from this anonymous dialogue if participate chooses to do so



Behavioral Health Crisis Support Team (BHCST)

- This innovative program provides virtual or in-person support from experienced, compassionate crisis clinicians in collaboration with specially-trained public safety officers
 - Staffed by licensed Mental Health Services clinicians
 - Provide immediate problem-oriented counseling, consultation, support, and assistance for distressed student or crisis situations
 - Calls can be made on behalf of someone for whom the caller is concerned
 - Mobile crisis response on and around JHU's Baltimore campuses
- Access Line is operational 24/7/365. BHCST can also be reached via 410-516-3311





Public Safety



Jarron Jackson

Assistant Vice President, JHU Public
Safety
safety@jhu.edu

Homewood Campus

The Homewood Campus is patrolled by:

1. Allied Security Officers-unarmed security support staff.
2. Campus Police Officers - unarmed officers who can arrest suspects on campus.
3. Campus Security –unarmed officers with no power to arrest.
4. Off-Duty Baltimore City Police Officers-armed security who can arrest suspects both on and off campus.



Police
Officer



Security
Officer



Allied
Security
Officer

CSC Communications Center

- Fully operational 24/7
- Monitors CCTV security network
- Links to Baltimore Police and Fire departments
- Emergency: 911
- Campus Safety and Security: 410-516-7777 or 410-516-4600



Additional Campus Security

Blue Light Call Centers

115 blue light call stations are located on or adjacent to campus that immediately connect to the CSS Communications Center



CCTV Security Cameras

850 CCTV security cameras are strategically positioned and monitored throughout the campus community



Emergency Notifications Systems

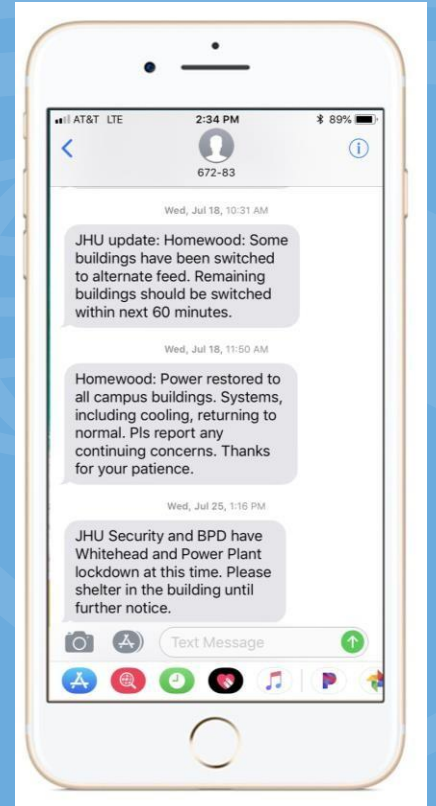
The university has several emergency notification systems to alert the community of situations that might pose an imminent threat to safety.

Campus
Safety
Mailing List

Emergency
Alert Text
Message

Emergency
Siren/
Public Address
System

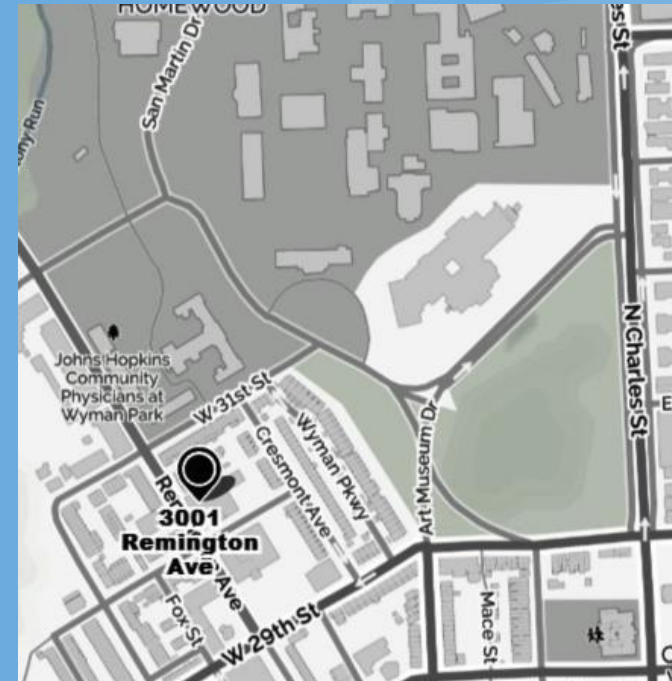
Visit publicsafety.jhu.edu to sign up



Campus Safety and Security

3001 Remington Avenue 410-516-4600

- Administrative offices
- Investigative unit
- Communications center
- Lost and found
- Training unit



Transportation Services



Nelson Greenlee
Transportation Manager
ngreenlee@jhu.edu

JHU offers a system of
vans and buses
Free for students and their guests



We've got you covered. From 6 a.m
to 2 a.m. daily

Routes

- Shuttle buses from Homewood to Penn Station to Peabody to JHMI, aka “The Jimmy”
- Express shuttles from Homewood to Bayview Medical Center & Mt. Washington Conference Center on weekdays
- Route Vans to other JHU locations include administrative locations such as Keswick, Eastern and Stieff; also Harbor East (Carey Business School), and Remington (FastForwardU, R. House, Imagine Center)

For detailed routes and schedules visit:

jhfre.jhu.edu/ts

Night Ride Service

Make your trip safe and easy after 6:00 pm

Bus service continues until 1:00 a.m.

- Blue Jay Shuttle Night Ride **starts at 6:00 p.m.** and meets all requests in by 2:00 a.m.
- Request a Night Ride from the TransLoc app (or call 410-516- 8700, printed on back of J-Card), to go anywhere in the service area.
- If the shuttles are busy, we'll send a free Lyft.
- We average 12 minutes from request to pick-up, and get everyone within 20 minutes.
- Giant Night Ride route available 6p-10p



Ready to Ride?

Students can download The TransLoc app to view routes and schedules, as well as real time updates.

The app will track shuttles all day and to request Night Rides from 6:00 p.m. – 2:00 a.m.



Other Transportation Options

- Baltimore Collegetown Shuttle (free)
- Towson Loop (free)
- Charm City Circulator (free)
- HopVan rentals for student groups (nominal internal fees)
- ZipCars rentals (user paid, account needed)

More information at: jhfre.jhu.edu/ts



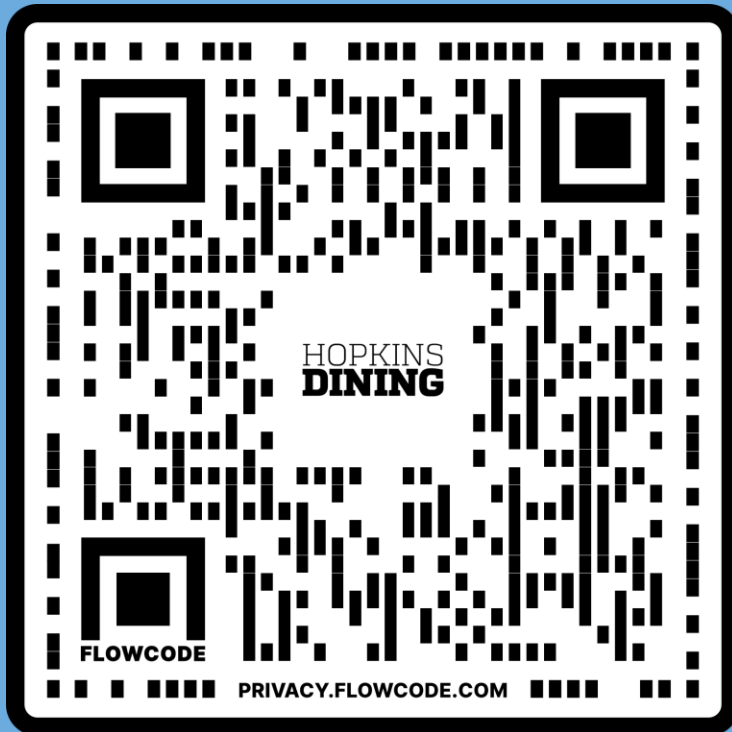
Hopkins Dining



Michelle Mooney

Executive Director of Operations
Hopkins Dining
dining@jhu.edu

Hopkins Dining



Email: Dining@jhu.edu

Phone: 410-516-3383

Website:
<https://studentaffairs.jhu.edu/dining/>

Follow Us @HopkinsDining



Meal Plan Change Periods

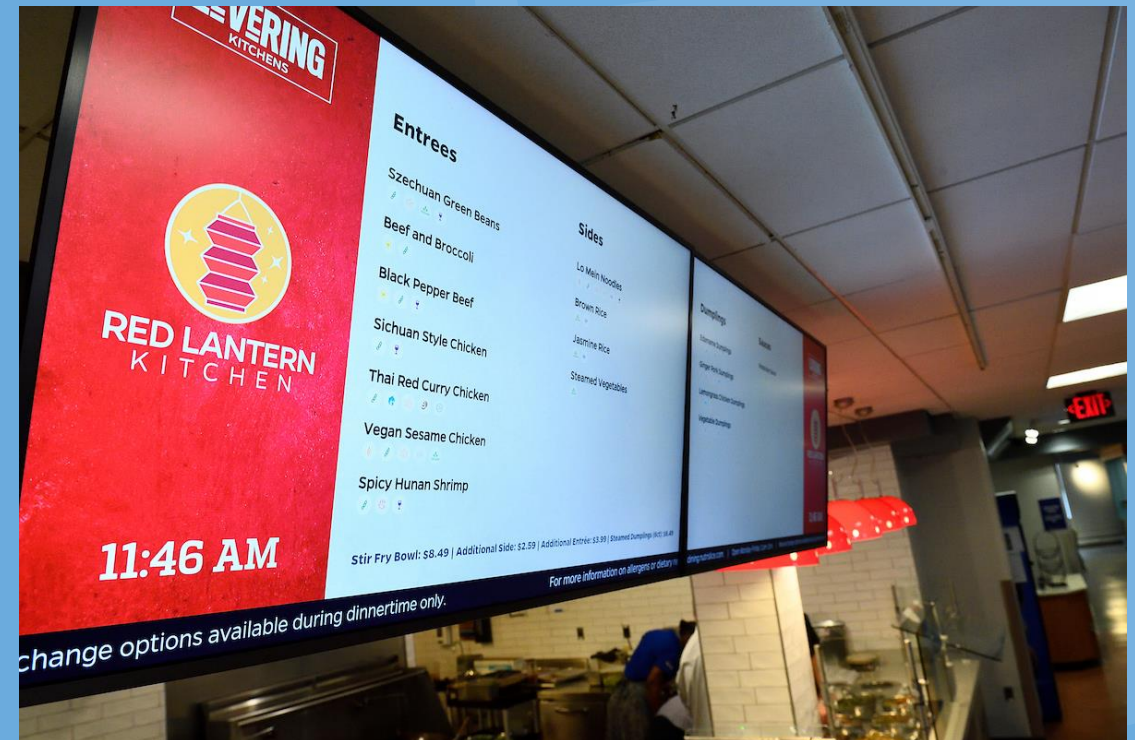
- Students have two opportunities during the academic year to change their meal plans:
 - Fall 2025: Monday, August 25 – Friday, September 5
 - Spring 2026: Monday, January 12 – Friday, January 23
- Meal plan changes are not permitted outside of these change periods. Meal plan cancellations are not permitted.
- Details on the change process will be sent to students during both semesters.

Dietary Restrictions

- New Blue Jays were asked to complete a form as part of their Housing Portal on any dietary restrictions and allergens, it is important that this was filled out.
- Students will have the opportunity to meet with our dietitian and culinary team upon request.
- We provide a variety of menu options that will likely meet students' needs whether it be related to religious restrictions, dietary preferences, or allergens
- In an effort to help students feel confident in their food choices, we denote foods that contain any of the most common allergens or meet dietary preferences (vegetarian, vegan, halal, etc).
- Students have access to our online resource guides for: dietary restrictions, healthful eating, and Halal dining.

Access Daily Menus via Nutrislice

- Students can access menus & nutrition information through a customized Hopkins Dining Nutrislice website: <https://hopkinsdining.nutrislice.com/>
- Features include:
 - View daily menu offerings
 - Filter menu based on allergies or dietary restrictions
 - View nutritional content/ingredients of food
 - Dining location hours of operation
- Nutrislice also powers digital menu boards in residential and retail dining locations.



Sample Menu

Hopkins Café Breakfast Hopkins Café Lunch **Hopkins Café Dinner** Hopkins Café Late Night

Images, descriptions & prices

Carvery - Side

Honey Ginger Carrots 	Broccoli & Rice Casserole Broccoli and rice slow cooked with mushrooms and topped with cheddar cheese  	Potato Salad  
Potato Dinner Roll  		

Carvery - Soup

Broccoli Cheddar Soup   +3	Vegan Tomato Soup 
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Root - Entree

Jerk Spiced Portobello Mushrooms
 

Root - Side

Jollof Rice  	Fried Plantains  	White Rice  
Braised Swiss Chard  		

Pizza & Pasta - Entree

Cheese Pizza Scratch made pizza dough   +2	Pepperoni Pizza Scratch made pizza dough   +2	Supreme Pizza   +2
Macaroni & Cheese   +3	Rosemary Garlic Focaccia Bread  	Garlic Herb Pizza Sauce 

Sizzle - Signature

Grilled Chicken 	Pretzel Bar   +3	Crinkle Fries  
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Sizzle - Side












All Beef Hot Dogs	Beef Chili with Beans	Cheddar Cheese Sauce
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Filters and Highlights

[Clear all](#)










Allergens

Select items below to identify specific foods.




 Dairy	 Egg	 Wheat	 Soy
 Peanuts	 Tree Nuts	 Fish	 Shellfish
 Sesame	 Gluten	 Coconut	

Traits

Special Diet Icons

 Vegan	 Vegetarian	 Halal	 Made with Local Ingredients
 Family-Owned and Operated	 Nourish Tier 4	 Nourish Tier 3	 Nourish Tier 2
 Nourish Tier 1			

Dietary Restrictions

 Alcohol	 Fried in shared oil	 Pork
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Txt n' Tell Feedback Program

- Students have the opportunity to provide feedback which helps us identify likes and dislikes, needs and wants and any problems or requests.
- Touchwork's Txt n' Tell is an all-in-one feedback platform that makes it easier for us to capture comments and questions.
- This program helps us provide in-the-moment feedback using cell phones, tablets or PC's quickly and easily.
- Visit our website to learn more about the program: <https://studentaffairs.jhu.edu/dining/text-n-tell-feedback-program/>

Hopkins Student Center

- This fall, we're thrilled to welcome expanded dining option at the new student center. Students will be able to use their Dining Dollars at the following concepts:
 - Tim Ma Hospitality (Lucky Danger & Any Day Now)
 - Urban Kitchen
 - Connie's
 - Koshary
 - Bento Sushi





On~Campus Living



Lindy Bobbitt

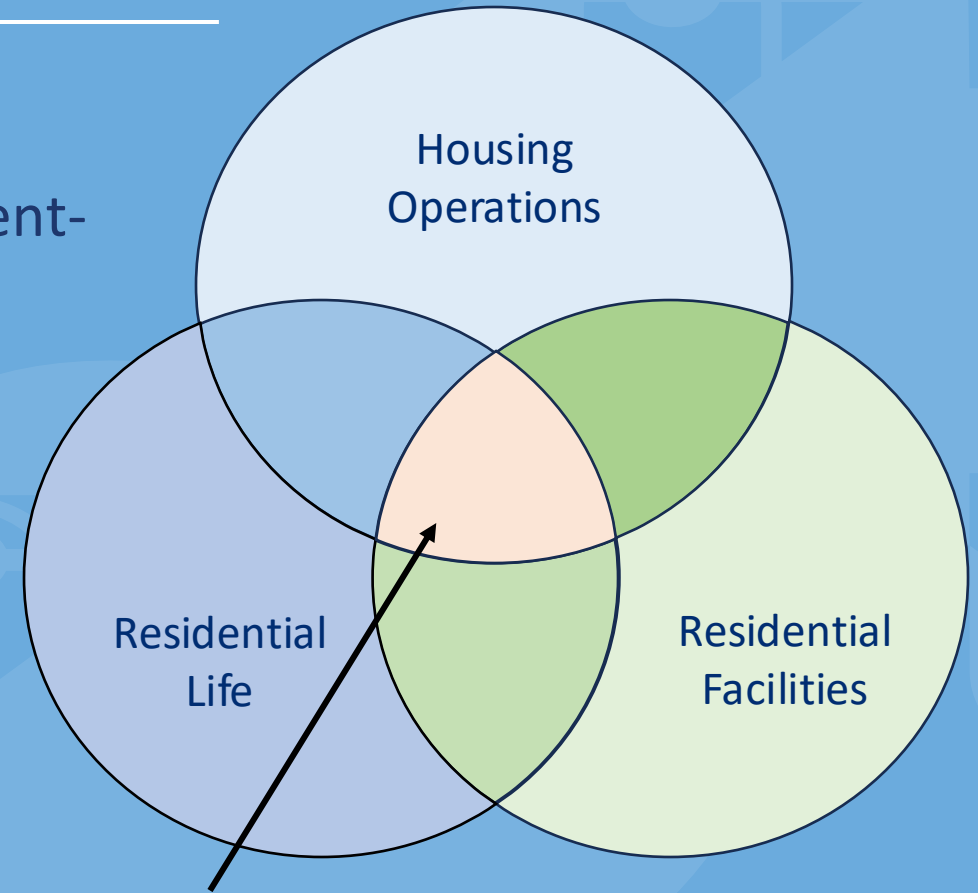
Director of Residential
Experience

lbobbit3@jh.edu

Who are we?

On-Campus Living is a hub of three distinct areas working towards the same goal of creating a student-centered residential experience.

**On-Campus Living is here to support your student,
but you play a role in this, too!**



The Residential Experience

Safety and Security in the Halls

24/7 Allied Security Officers at entrance desks to all Residence Halls

Jcard required for entry with Tap Access/Turnstiles

All Guests must be signed-in by a resident

Student's jcard only accesses their building



OCL Quick Facts

- 9 live-on staff members
- 350+ programs per year
- Two-year residency requirement
- All buildings have access to a shared, full kitchen
- Students are responsible for cleaning their rooms
- Laundry is included in fees
- Break housing is available



Living On-Campus

- Learning outside of the classroom
- Role of RA
- Roommate Concerns
- Independence
- Curricular Approach



Launching our Residential Curriculum

By engaging in the residential experience, Blue Jays will embark on a journey of discovery, growing into global citizens who positively impact their communities.

Contact Information

Residential Life - ResidentialLife@jhu.edu

Housing Operations - housing@jhu.edu

Residential Facilities - requests@jhu.edu



Facilities & Real Estate

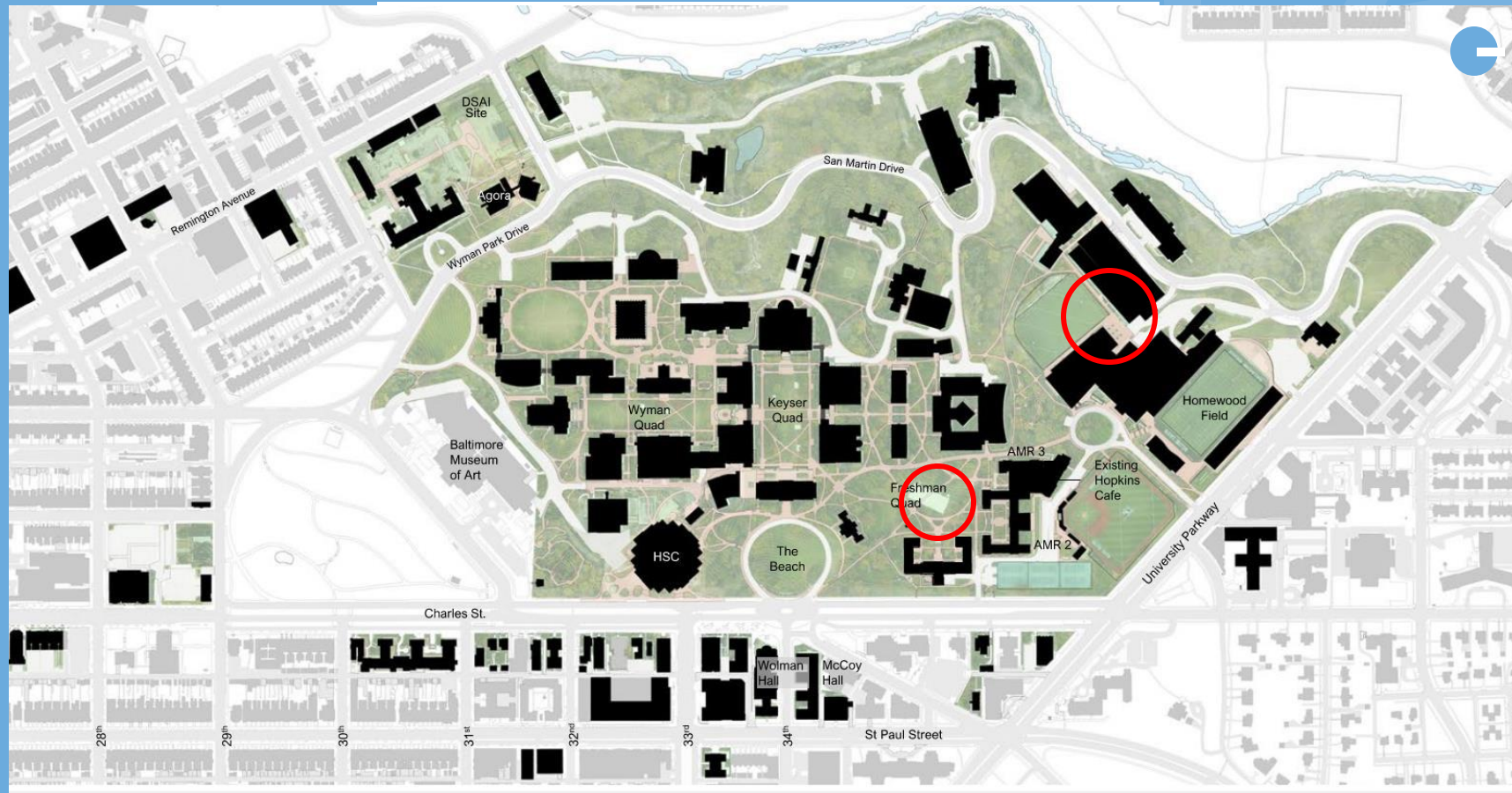


Lee Coyle

Senior Director Planning &
Architecture

jcoyle3@jhu.edu

Campus Context



Freshman Quad Steam Line Replacement

Project Rationale:

- Aging infrastructure is no longer serving the campus needs
- Steam line replacement supports the Campus Master Plan and the University's broader sustainability goals to limit dependence on fossil fuels by replacing steam with hot water heating
- Completing the Steam Line replacement will enable the construction of the new AMR-I Residence Hall & Dining (opening Fall 2028)



Freshman Quad Steam Line Replacement

Character of Work

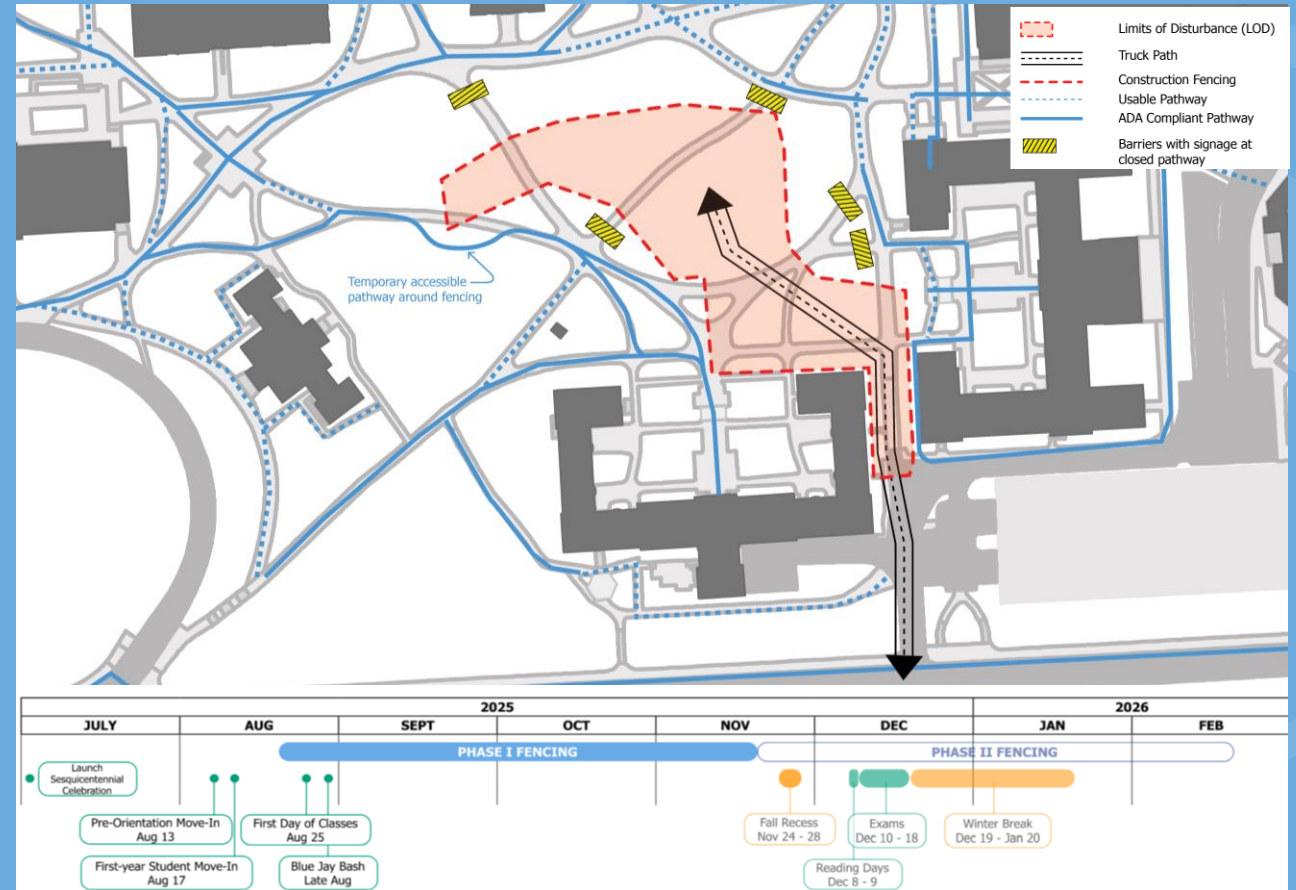
- Excavation
 - Loud machinery
- Welding
 - Minimal noise
 - Some sparks
- Dump Truck – Dirt / Stone
 - 8 loads / day
- Flatbed Truck – Construction Materials
- 8 hours/day, 5 days per week (9am– 5pm)



Freshman Quad Steam Line Replacement

Phase I (Aug – Nov 2025)

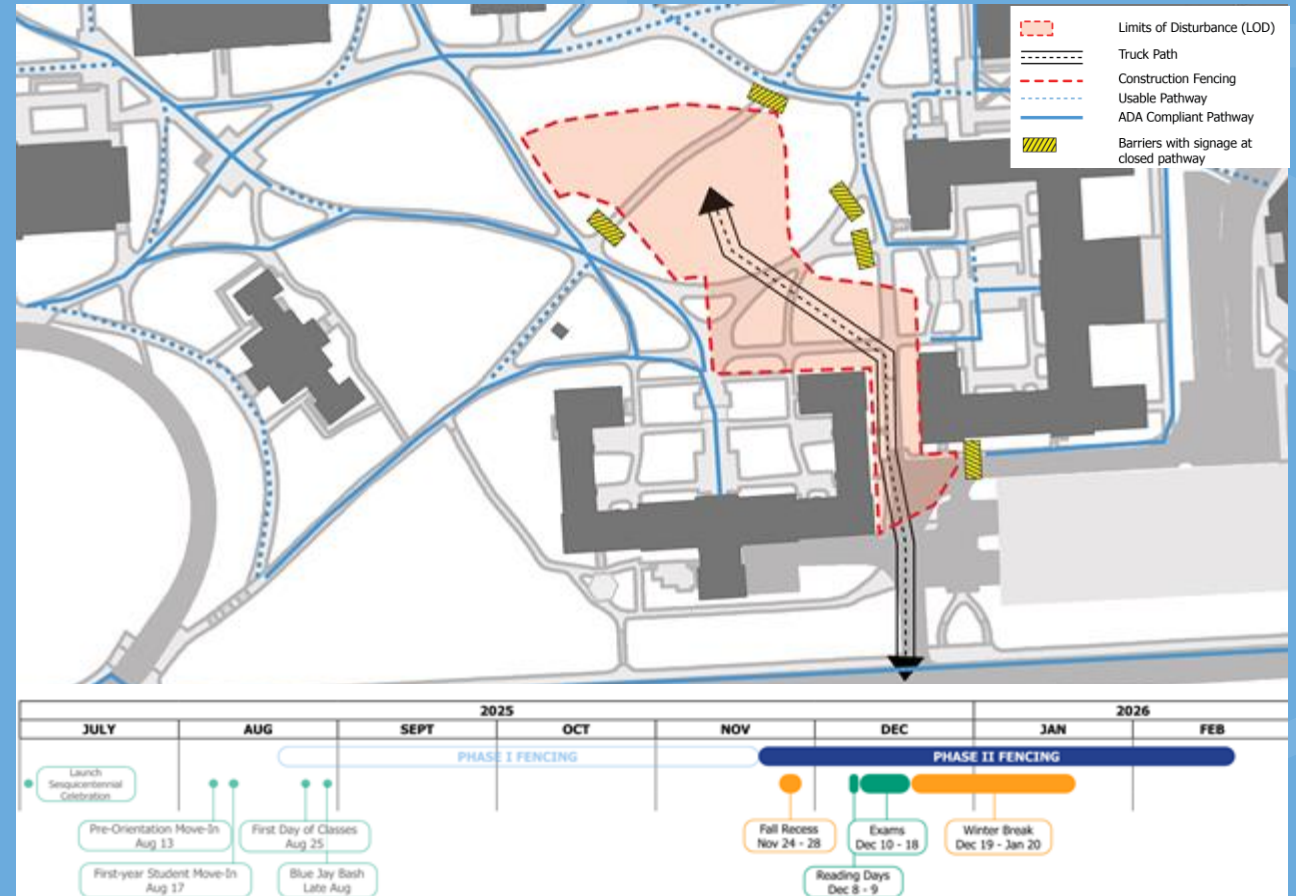
* Schedule allows for work stoppage during exam week



Freshman Quad Steam Line Replacement

Phase II (Nov 2025 – Feb 2026)

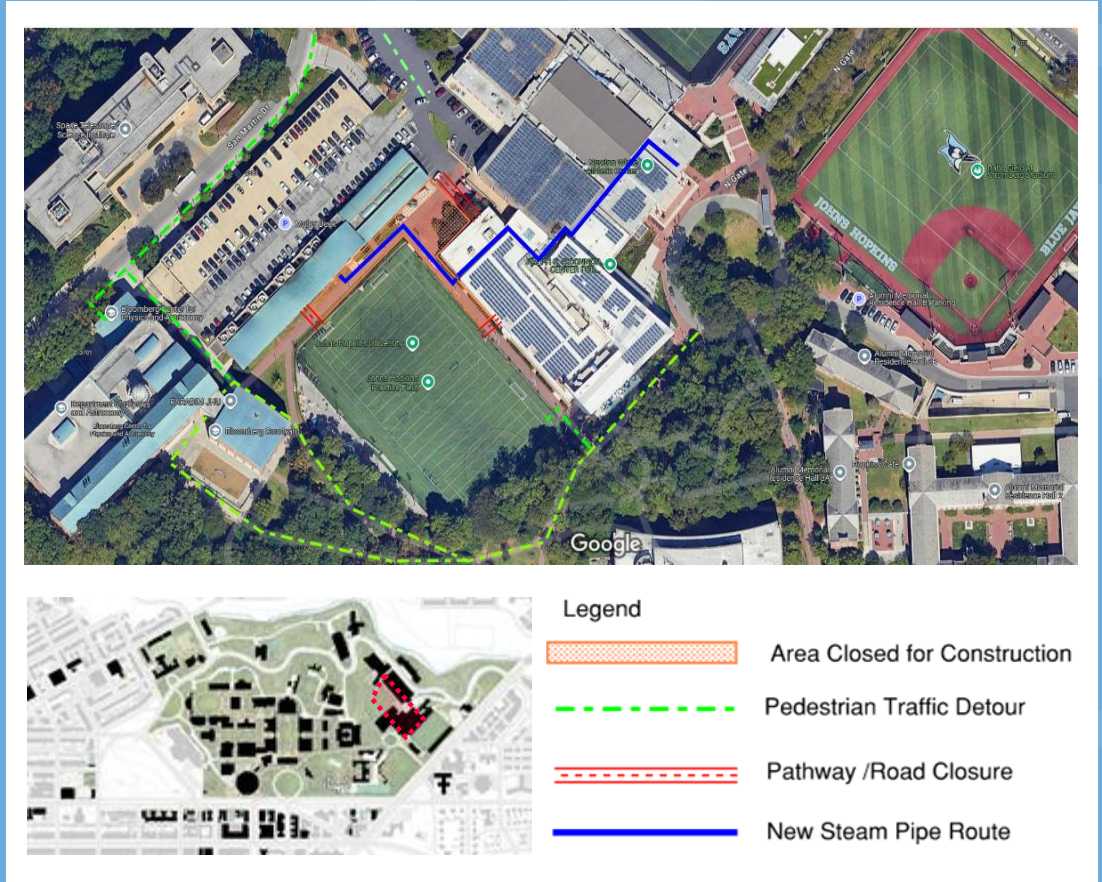
* Schedule allows for work stoppage during exam week



North Campus Steam Line Replacement

June 2025 - TBD

- Construction area focused around the rear of the Athletic and Rec Center
- Most of the work will be completed during off hours so as not to interfere with events and day to day operations



Wayfinding App & Campus Maps

Follow directions to download the
Wayfinding App



Homewood Campus Wayfinding App:

<https://jhfre.jhu.edu/about/maps-directions/wayfinding-app/>

Maps & Directions:

<https://www.jhu.edu/maps-directions/>

Hopkins Student Center



Your Questions for the Panel



Welcome from Student Affairs



Associate Vice Provost for
Student Engagement and
Dean of Students