

Office of Pre-Professional Programs and Advising

Med School Entry Year 2026

Checklist and Timeline

FALL 2024

- ☐ Meet with a pre-health advisor at least once by March 2025. You must have a scheduled to meet by March 30, 2025 ; **if not, you will not be [eligible for a Committee Letter](#)**. Please refer to your Handshake account for your personal Pre-Prof advising appointment history.
- ☐ Familiarize yourself with the process of applying to medical or dental school.
 - ☐ Watch the EY2026 Applicant Meeting presentation that was recorded live on 11/20/2024 [HERE](#). A copy of that presentation is also on the [EY2026 Private Website](#)
 - ☐ Read [Guide Three: Applying to Health Professions School](#) on the Pre-Professional Advising website.
- ☐ Complete the AAMC, AACOMAS, or AADSAS fee assistance application(s) if eligible.
 - ☐ The [AAMC Fee Assistance Program \(FAP\)](#) assists MCAT examinees and AMCAS applicants who, without financial assistance, would not be able to take the MCAT or apply to medical schools through AMCAS. [AACOMAS](#) and [AADSAS](#) also offer fee waiver programs. If you qualify for a fee waiver, please submit your waiver to SMA and send an email for processing to preprofessional@jhu.edu **by July 30** and we will reimburse your HPA fee.
- ☐ Begin requesting letters of recommendation/evaluation.
 - ☐ Read [Guide Two: Letters of Recommendation](#) and [Survey Monkey Apply Instructions](#) on the Pre-Professional Advising website.

*Letters of recommendation **DO NOT** need to be in Survey Monkey Apply prior to submitting your Health Professions Application (HPA). Likewise, letters of recommendation **DO NOT** need to be in Survey Monkey Apply prior to submitting your primary application the central application system for which you are applying (AMCAS, AACOMAS, TMDSAS, AADSAS, etc). All Letters of Recommendation must be submitted to SMA by July 30 to be eligible for a committee letter.*

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[https://studentaffairs.jhu.edu/preprofadvising/
preprofessional@jhu.edu](https://studentaffairs.jhu.edu/preprofadvising/preprofessional@jhu.edu)





- ☐ Update your resume to give to your chosen letter writers and provide them with these [AAMC Guidelines for Writing a Letter of Evaluation](#).
- ☐ Register for the MCAT or DAT (if not yet taken). We recommend a test date by the end of April (early-mid May, if needed, is also reasonable) for the MCAT and the DAT.
- ☐ **IMPORTANT:** Start working on your Health Professions Application (HPA) as soon as it opens in December 2024.

JANUARY - MARCH 2025

- ☐ **By March 30, 2025, 11:59 PM EST: FIRST-TIME APPLICANTS must:**
 - ☐ Complete and submit the HPA via Survey Monkey Apply (SMA)

Applicants who miss the March 30 deadline will not be eligible to receive a Committee Letter. There are no exceptions to this policy.

- ☐ Request and monitor letters of recommendation as needed.
- ☐ Begin drafting your personal statement (PS).
 - ☐ Watch the previous PS videos for support in beginning this process [HERE](#)
 - ☐ Attend the PS Workshop
 - ☐ Meet with the Writing Center at least once before getting it reviewed by Pre-Prof
 - ☐ Review the Pre-Prof PS review process to get feedback on your essay *Note: there is a separate process for MD-PhD
- ☐ Attend HPA drop-in hours as needed (hours to be announced in January).
- ☐ Plan to attend relevant applicant programming (i.e., Personal Statement & Building Your School List Workshop)

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APRIL-MAY 2025

- ☐ Continue to request and monitor letters of evaluation as needed.
- ☐ Finalize your personal statement.
- ☐ All primary applications open (AMCAS, AACOMAS, AADSAS, TMDSAS)—start working on your application.
 - ☐ Submit primary application(s) as early as possible (late May to early June **before June 15th is still considered early**).
- ☐ Continue monitoring letters of evaluation submitted to your Survey Monkey Apply account; we recommend communicating to your letter writers to have the letters submitted by mid-June. (Letters of recommendation do not need to be in Survey Monkey Apply prior to submitting your primary application.)

If you received a CL in EY23, EY24, or EY25, and would like to use individual letters from a previous cycle, please do the following:

- ☐ Go to your SMA account and put the following information into your letter of Rec Request:
 - ☐ First Name: PreProfessional
 - ☐ Last Name: Advising
 - ☐ Contact: preprofessional@jhu.edu
 - ☐ Body of Message: "Please upload letters from my letter for *insert specific evaluators names* (i.e. Dr. Seuss, Big Bird, etc..)." Include **ALL** letters you are requesting in the body of this section.
- ☐ **TRANSCRIPTS** must be sent directly from the registrar's office of the institutions you have attended. This includes your Hopkins transcript and **ALL** undergraduate (2- and 4-year institutions) and graduate schools. Click [HERE](#) for instructions on how to request your transcripts for Hopkins.
- ☐ **By May 30, 2025, at 11:59 p.m. RE-APPLICANTS must:**
 - ☐ Complete and submit the HPA via Survey Monkey Apply (SMA)

Re-Applicants who miss the May 30th deadline will NOT be eligible to receive a Committee Letter. There are no exceptions to this policy.

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JUNE - AUGUST 2025

☐ **By June 30, 2025, 11:59 PM EST: ALL APPLICANTS must:**

- ☐ Submit unverified primary applications to SMA

Applicants who miss the June 30th deadline will NOT be eligible to receive a Committee Letter. There are no exceptions to this policy.

- ☐ Continue monitoring letters of recommendation submitted to Survey Monkey Apply. Letters of recommendation do not need to be in Survey Monkey Apply prior to submitting your primary application.

- ☐ Complete and submit your Survey Monkey Apply Letters of Recommendation Application when all letters have been received.

☐ **By July 30, 2025 11:59 PM, ALL APPLICANTS must:**

- ☐ Submit final list of letters of recommendation in SMA
- ☐ Submit all relevant fee assistance documentation for reimbursement to SMA and email preprofessional@jhu.edu
- ☐ Upload unofficial transcript(s) from all undergraduate/graduate schools attended.

Applicants who miss the July 30th deadline will NOT be eligible to receive a Committee Letter. There are no exceptions to this policy.

- ☐ Complete secondary applications by mid-August.
 - ☐ Refer to the Secondary Course offered by the JHU Pre-Health Academy for more support (*email sent in spring semester*).
 - ☐ Have secondary essays reviewed by the Writing Center.
- ☐ Check your emails and SMA announcements for information pertaining to the JHU Mock Interview Program.

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FALL 2025 – WINTER 2025

- ☐ Participate in the Mock Interview Program once you begin receiving interview requests. Information can be found on SMA.
- ☐ Read [Guide Four: The Ongoing Application Process](#) and [Guide Five: The Pre-Med/Pre-Dental Interview Process](#) on the Pre-Professional Advising website.
- ☐ Continuing reading updates and announcements from the Pre-Professional Advising Office.
- ☐ Maintain contact with Pre-Professional Advising.
 - ☐ If you have no interviews by the end of January 2026, please make an advising appointment to discuss future action.

Updated: 12/25