



JUMP

Johns Hopkins Underrepresented in Medical Professions

A Monthly Newsletter

Issue No. 13, February 2014

JUMP Updates for February 2014!

Happy New Year! JUMP is starting the new year with a lot of opportunities and plans for the semester and the year!

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JUMP General Body Meeting February 2014

Wednesday, February 12, 2014, AMR I MPR, as we emphasize health and well being with school and life

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Networking Opportunities

Meet healthcare representatives from around the country in an informal brunch setting!

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JUMP Updates for February 2014

Happy New Year! JUMP hopes that you had a restful and enjoyable holiday season! As we get back to work this semester we want to remind you that the applications for the various summer programs we mentioned last year have deadlines quickly approaching. If you still haven't looked at any of these programs, go through the database we have set up for you. It can be found at: http://oma.jhu.edu/images/newsletters/Summer_Programs2014.pdf

The opportunity for sophomores to be a JUMP Intern is coming up! You can write this newsletter and more for the

2014-2015 and 2015-2016 school years. The application process is underway and the deadline to apply is February 17th at midnight. A letter of intent, current resume, and a one page essay on what diversity means to you is due to knance2@jhu.edu by the deadline. JUMP is also having another General Body Meeting for the month of February. It will take place on February 12th, at 6 PM in the AMR Multipurpose room.

Finally for freshmen, we will be having a JUMP small group meeting hosted by the office of Pre-Professional Programs and Advising. Please confirm your attendance at <https://adobeformscentral.com/?f=YVAJCPfXN6oHy2nBGhoLYA> It will be held in Garland 387 on February 13th at noon.

Once again, we wish you all the best in this new year and in this new semester. We are here working for you and providing opportunities for you

Your JUMP Team

Dr. Irene Ferguson, Director, Office of Multicultural Affairs

Dr. Danny Teraguchi, Director of the Office for Student Diversity, JHSOM

Dr. David Verrier, Director, Pre-Professional Programs and Advising

Ms. Katie Cruit, Assistant Director, Pre-Professional Programs and Advising

Mrs. Kristina Nance, JUMP Coordinator

Ms. Alejandra Rodriguez, '15 JUMP Intern

Mr. George Alvarez, '14, JUMP Intern, JUMP Newsletter Editor

Should Medical School Be Shortened to Three Years?



The chance of finishing medical school early is gaining attention from students with a large amount of debt. The median debt for medical school graduates in 2013 was \$175,000

Three years seems like a great option for primary-care physicians to avoid the extra amount of debt that can go up to \$70,000.

Critics of the three year medical plan argue that the 4th year is crucial to applying to fellowships and being placed in and applying for residencies. So far only 12 out of the 124 medical schools in the USA are offering a 3 year program, and this number is rapidly increasing.

Some medical schools are producing programs of their own in replacement or similar to the 3 year plan for certain students, like Columbia's programs for Biology PhD's

You can read the entire article here: http://www.washingtonpost.com/national/health-science/medical-school-done-faster/2014/01/13/4b6d9e54-5c40-11e3-be07-006c776266ed_story.html?tid=hpModule_1f58c93a-8a7a-11e2-98d9-3012c1cd8d1e

Medical School: Challenges and Opportunities at Columbia



The Office of Diversity of Columbia University College of Physicians and Surgeons hosts its annual recruitment conference during the spring. This year, it will be held on Saturday April 5th. The purpose of this annual conference is to provide underrepresented and disadvantaged premedical high school, undergraduate and post graduate students with pertinent information about medical school. The conference will address the issue of the critically low number of underrepresented physicians in today's medical field as well as provide information related to medical school admissions requirements, retention, student life and advantages and opportunities offered to students at P&S. Through a series of workshops and a keynote address, conference participants will become informed about: Medical school admissions, financial aid, research opportunities, and the transition from college to medical school.

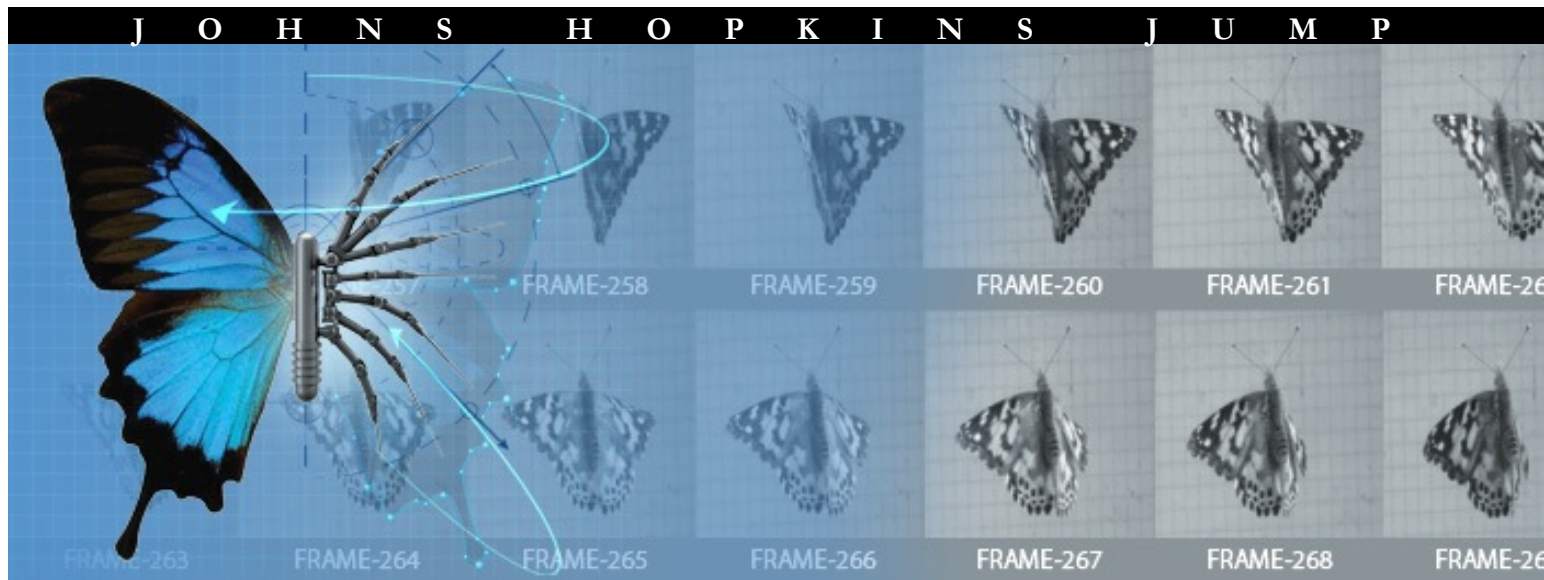
You can register here: <http://ps.columbia.edu/education/student-life/office-diversity/programs/recent-college-graduates/multicultural-recruitment->

JUMP General Body Meeting February 2013



As we ring in a new year and a new semester we want to keep everyone aware of mind and body health. JUMP is inviting medical students and Anastasia Rowland-Seymour, MD Assistant Professor of Medicine at The Johns Hopkins School of Medicine to the JUMP General Body Meeting on February 12, 2014 in the AMR I Multipurpose Room at 6 PM.

Dr. Rowland-Seymour is a restorative medicine specialist. Here you will learn about finding a balance of health and wellbeing as well as how to manage your time to focus on academics and health. We will also focus on dealing with stress as the first semester of uncovered grades begin. We will not have pizza at this meeting, but we will have healthy snacks and will be doing a few exercise routines so come prepared to participate in a few of these activities with everyone! We hope to see you there!



Opportunities for Research

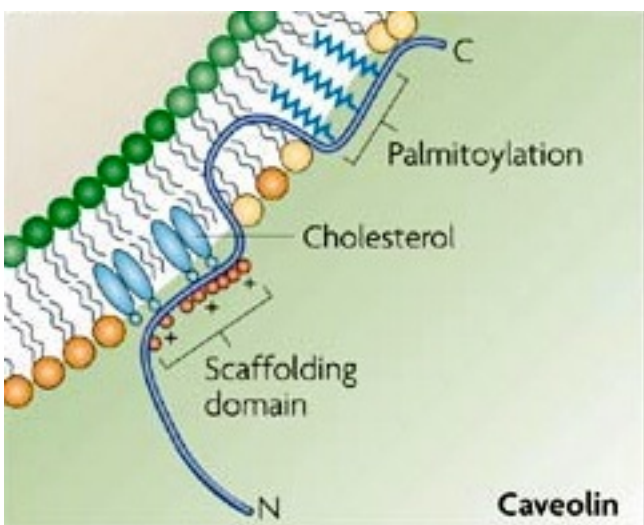
Did you know about two-thirds of all students at Johns Hopkins do some kind of research? Johns Hopkins is the number one funded institution by the NIH and it was the first university to host undergraduate research in the country. So why wouldn't you like to do research? A large number of majors require that you perform some amount of research for graduation requirements, however did you know you can get paid to do research, and not just doing research during the semesters but during summers and other times? Did you also know that research is available in pretty much every subject you'd like to learn about? The sky is the limit (literally)!

Of course this brings about more questions and concerns for everyone? Mainly, how does one get started in finding a laboratory or area of research, how does one get credit or funding for this research and what is the time commitment and guidelines for this research?

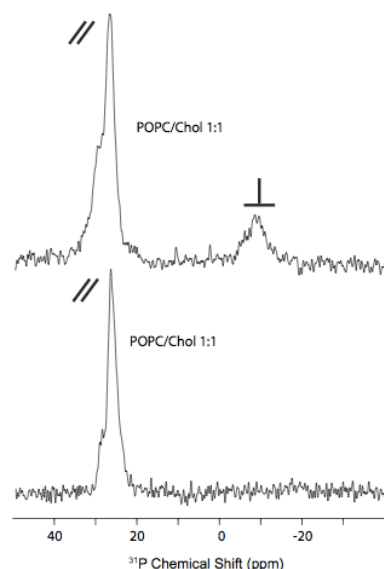
Luckily, JUMP has everyone covered. This Monday, February 10th, at noon in Mattin 161, Representatives from the Krieger School of Arts and sciences will be there to give a presentation on how to find research and how to get funding through grants such as DURA and PURA.

Be sure to have questions ready and to take advantage of this opportunity! This event is available for all students interested or thinking of being involved in any type of

research! Even if you're not sure of what you want to do research in, it is a great opportunity to meet other students and get an idea of what can be done!



In addition to information about these programs, the representatives will be there to talk about what they're looking for in these applications giving you an advantage to these exclusive opportunities.





Sometimes the hands you shake and the people you meet have an influence on what opportunities you have available to you. JUMP and HOPE are hosting a networking brunch with Health Professionals from all over the North East, including graduate students from the Johns Hopkins School of Medicine will be there! Stay alert with your emails, as we will be sending out important information on registration and the location and date and time. This event is for all majors and all cohorts are invited. More information on this event will be available soon.

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